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Monday

JOHN MCDONNELL/TWP

The Redskins were the first team to lose to Carolina.

At a Loss: Redskins fall to the lowly Panthers, 20-17 | 12

New World: Schools paint Columbus in worse light | 4

Cloud Nine: L.A. Angels stun the Red Sox for series sweep | 14

lookout

Banjo Backup: Bluegrass outfit Steep Canyon Rangers tour with Steve Martin.

>> 23-31

Gay Rights Advocates Press Obama to Act

JACQUELYN MARTIN/AP

FLAGS OF FURY: Gay rights activists chant during a march from the White House to the Capitol Sunday. Thousands of protesters called for President Obama to battle workplace discrimination and to allow gays to serve openly in the military. ✣ **Crucial Time:** March comes as D.C. debates marriage bill | Page 11

Pakistan Fights on After Siege

Airstrikes target militants after 20 killed at military HQ

RAWALPINDI, PAKISTAN | Pakistani commandos freed dozens of hostages held by militants at the army's own headquarters Sunday, ending a bloody, 22-hour drama that embarrassed the nation's military as it plans a new offensive against al-Qaeda and the Taliban.

The standoff killed 20 people, including three captives and nine militants, who wore army fatigues in the audacious assault. The rescue operation began before dawn Sunday, ultimately freeing 42 hostages, the military said. One attacker, described as the militants' ringleader, was captured.

The attack on Pakistan's "Pentagon," home to the nation's most powerful institution, was the third major attack in Pakistan in a week and threatens to deflate the army's growing popularity in the wake of successful operations against the Taliban.

In a signal the Pakistani military was not deterred to go through with an offensive in South Waziristan — a tribal region along the Afghan border — it launched two airstrikes on suspected militant targets Sunday evening, ending a five-day lull in attacks there and killing at least five militants, intelligence officials said. (AP)

✣ **Rebounded Taliban:** String of three brazen attacks in a week aim to shake Pakistan's resolve | Page 6

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MONDAY 60 | 51

TUESDAY 70 | 47

eyeopener

FEATS OF THE ELDERLY

'Is This Sterile?' Not 'Is This Allowed?' The Right Question

Organizers of the Twin Cities Marathon said they won't disqualify an 81-year-old who won his age group Sunday after using a borrowed catheter. Jerry Johncock was sidelined at an aid station by a urination issue. A spectator stepped forward to offer a catheter he had in his car. Officials mulled disqualifying Johncock because of a rule against improper assistance. (AP)

FEATS OF THE ELDERLY

'Nice Walker, Dad. Is That Titanium?'

A man in his 70s robbed a bank inside a San Diego supermarket Friday. The man said he had a gun, but no weapon was seen. He escaped with an undisclosed amount of cash. Investigators say the suspect may be responsible for similar robberies in August and September. In one robbery, a suspect with a similar description was carrying an oxygen tank. (AP)

GREG WOOD/AFP/GETTY IMAGES

FEATS OF THE ELDERLY

Live Long Enough and You Win By Default

She was everyone's favorite to win: At 100 years old, Ruth Frith was the only woman in her shot-put age division (101-104) at the seventh World Masters Games in Sydney on Sunday. The great-grandmother was the oldest female participant at the games, which drew 28,292 competitors from 95 countries. She heaved her shot 13.35 feet to take the gold medal, according to the newspaper the Australian. (EXPRESS)

FEMINISM

The Overtones of This Seem Wrong

A Maine couple have taken the crown in the North American Wife Carrying Championship over a course that featured a muddy water hole and two log obstacles. Dave and Lacey Castro came in first among 41 teams to win Saturday's competition in Newry, Maine. They covered the 278-yard course in 54.45 seconds. For their effort, the couple won 97-pound Lacey Castro's weight in beer and five times her weight in cash — $485. (AP)

BEAUTY

"Hungarians used to laugh about plastic surgery, but it's time for Hungarian women to care more about their appearance."

— **MARTON SZIPAL**, A JUDGE OF THE MISS PLASTIC HUNGARY 2009 PAGEANT. THE 18 CONTESTANTS HAD TO PROVE THEY HAD UNDERGONE COSMETIC SURGERY.

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Clinton: Pakistan's Nukes Safe

Secretary downplays risk to atomic arsenal as attacks roil country

Secretary of State Hillary Rodham Clinton said Sunday the Taliban siege of Pakistan's army headquarters showed extremists are a growing threat in the American ally, but she contended they don't pose a risk to the country's atomic arsenal.

Clinton

Clinton, in London on the second leg of a five-day tour of Europe, said there was nothing to suggest that Pakistan's nuclear weapons could fall into terrorist hands despite Saturday's Taliban attack on the army headquarters in Rawalpindi that highlighted security weaknesses.

Clinton said extremists were "increasingly threatening the authority of the state, but we see no evidence that they are going to take over the state. We have confidence in the Pakistani government and military's control over nuclear weapons." MATTHEW LEE (AP)

KIRSTY WIGGLESWORTH/AP

U.S. Army Staff Sgt. Ruben Romero demonstrates a magnifying video camera and a thermal imaging unit on an M4 weapon.

Rifle's Worth Questioned

Study: Weapon failed during a firefight that left nine soldiers dead

WASHINGTON | It was chaos during the early morning assault last year on a remote U.S. outpost in Afghanistan and Staff Sgt. Erich Phillips' M4 carbine had quit firing as militant forces surrounded the base. The machine gun he grabbed after tossing the rifle aside didn't work either.

When the battle in the small village of Wanat ended, nine U.S. soldiers lay dead and 27 more were wounded. A detailed study of the attack by a military historian found that weapons failed repeatedly at a "critical moment" during the firefight on July 13, 2008, putting the outnumbered American troops at risk of being overrun by nearly 200 insurgents.

This raises a question: Eight years into the war against the Taliban in Afghanistan, do U.S. armed forces have the best guns money can buy?

Despite the military's insistence that they do, a small but vocal number of troops in Afghanistan and Iraq have complained that the standard-issue M4 rifles need too much maintenance and jam at the worst possible times.

Complaints about the weapons the troops carry, especially the M4, aren't new. Army officials say that when properly cleaned and maintained, the M4 is a quality weapon that can pump out more than 3,000 rounds before any failures occur.

The M4 is a shorter, lighter version of the M16, which made its debut during the Vietnam War. Roughly 500,000 M4s are in service, making it the rifle troops on the front lines trust with their lives. Battlefield surveys show that nearly 90 percent of soldiers are satisfied with their M4s, according to Brig. Gen. Peter Fuller, head of the Army office that buys soldier gear.

Fuller said he's received no official reports of flawed weapons performance at Wanat. "Until it showed up in the news, I was surprised to hear about all this," he said.

The study by Douglas Cubbison of the Army Combat Studies Institute at Fort Leavenworth, Kan., hasn't been publicly released. Copies of the study have been leaked to the press. RICHARD LARDNER (AP)

COSTUMES Wall Street House of Horrors Don't be alarmed if Bernard Madoff comes knocking this Halloween. The real Madoff pleaded guilty to a decades-long Ponzi scheme and is serving a 150-year prison sentence, but he'll be joining the witches and ghosts on spook night. Madoff masks are being sold at retail stores and on Web sites in anticipation of Halloween. One firm that makes a rubber Madoff mask, Rubie's Costume Company, has distributed more than 15,000 of them to stores across the country. (AP)

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Nation

Teachers Turn on Columbus

Explorer's stature has declined in schools across the country

TAMPA, FLA. | Jeffrey Kolowith's kindergarten students read a poem about Christopher Columbus, take a journey to the New World on three paper ships and place the explorer's picture on a timeline through history.

Kolowith's students learn about the explorer's significance — though they also come away with a more nuanced picture of Columbus than the noble discoverer often portrayed in pop culture.

"I talk about the situation where he didn't even realize where he was," Kolowith said. "And we talked about how he was very, very mean, very bossy."

Columbus' stature in U.S. classrooms has declined somewhat through the years, and many districts will not observe his namesake holiday on Monday. Although lessons vary, many teachers are trying to present a more balanced perspective of what happened after Columbus reached the Caribbean and of the suffering of indigenous populations.

"The whole terminology has changed," said James Kracht, executive associate dean for academic affairs in the Texas A&M College of Education and Human Development. "You don't hear people using the world 'discovery' anymore like they used to. 'Columbus discovers America.' Because how could he discover America if there were already people living here?"

In McDonald, Pa., fourth-grade students at Fort Cherry Elementary put Columbus on trial this year — charging him with misrepresenting the Spanish crown and thievery. They found him guilty and sentenced him to life in prison.

"In their own verbiage, he was a bad guy," teacher Laurie Crawford said. CHRISTINE ARMARIO (AP)

STEVE NESIUS/AP

Kindergarten student Harrison Sunich loads supplies into a paper replica of the ship the Santa Maria during a lesson about Christopher Columbus in Tampa, Fla.

Ohio Police Seek Gunfight Suspects

TOLEDO, OHIO | A wild shootout involving at least five gunmen sent patrons fleeing from a northwestern Ohio bar near the University of Toledo campus. No injuries were reported.

The gunfire inside and outside the Route 66 Kitchen in Toledo lasted for several minutes Thursday night and was captured on a video surveillance system.

Footage from the three-minute video shows a fight break out at the crowded bar. The incident then turns into a shootout, with men pulling out guns and firing at people beyond the range of cameras.

Seventeen shell casings were found on the ground or floor at the bar, and the front door was riddled with bullet holes. Police were still looking for suspects Sunday, and no arrests have been made. (AP)

HEARSAY | POLITICS

"When we selected or asked Sarah Palin to be my running mate, it energized our party. ... She still is a formidable force."

—SEN. JOHN MCCAIN, PREDICTING PALIN WILL REMAIN A POWER IN THE REPUBLICAN PARTY DESPITE THE BARRAGE OF CRITICISM SHE HAS GENERATED.

929

THE AMOUNT, IN GALLONS, OF MOONSHINE North Carolina authorities discovered hidden under a shed in the mountains last week. State Alcohol Law Enforcement officials say Roger Lee Nance, 63, was arrested Wednesday in one of the biggest moonshine busts in state history. (AP)

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In Brief

JERUSALEM

Turkey Calls off Military Drill Over Israeli Relations

Turkey has called off an international military drill because it opposed Israel's participation, Israeli defense officials said Sunday, a move that sent strained relations between the two nations to a new low. Turkey has long been the Jewish state's best friend in the Muslim world. But ties have deteriorated dramatically since Israel's war last winter against Islamic militants in the Gaza Strip. (AP)

YURI KOCHETKOV/AFP/GETTY IMAGES

Cirque du Soleil founder Guy Laliberte smiles after landing in Kazakhstan.

MOSCOW

Cirque du Soleil Founder Returns From Space Flight

The Russian Soyuz capsule carrying Cirque du Soleil founder Guy Laliberte and two other space travelers landed safely in Kazakhstan on Sunday, ending the entertainment tycoon's space odyssey. Laliberte, who wore a clown nose during his trip to the international space station, paid $35 million for the 10-day journey. (AP)

DUBLIN

IRA Splinter Group Vows To Refrain From Violence

The Irish National Liberation Army, an IRA splinter group responsible for some of the most notorious killings of the Northern Ireland conflict, renounced violence Sunday and signaled it could hand over weapons soon to disarmament officials. Eleven years after calling a leaky ceasefire, the outlawed INLA said it would observe "exclusively peaceful means." (AP)

ANJUM NAVEED/AP

Pakistani soldiers return to a military base after they raided their own headquarters to free 42 hostages and end a 22-hour siege in Rawalpindi, Pakistan, on Sunday.

Pakistan Reels From Taliban Raids

'Pentagon' siege was third terror attack by militants in a week

ISLAMABAD | A week of terror strikes across Pakistan, capped by a stunning assault on army headquarters, show the Taliban have rebounded and appear determined to shake the nation's resolve as the military plans for an offensive against the group's stronghold on the Afghan border.

The 22-hour attack on Pakistan's "Pentagon" in the city of Rawalpindi, which ended with 20 dead and 42 hostages freed Sunday, was the third terror attack in a week to shake this nuclear-armed nation. It revealed the militants' renewed strength since their leader was killed by a U.S. missile strike in August.

The U.S. has long pushed Islamabad to take more action against Taliban and al-Qaeda militants, who are also blamed for attacks on U.S. and NATO troops in Afghanistan, and the army carried out a successful campaign against the militants in the Swat Valley in the spring.

But the army had been unwilling to go all out in the lawless tribal areas along the border that serve as the Taliban's main refuge. Three offensives into South Waziristan since 2001 ended in failure.

On the heels of the Swat victory, the military launched a campaign of airstrikes on the militants in Waziristan, and in recent weeks officials said they were preparing a full offensive there.

That was before the embarrassing attack on army headquarters bolstered militants' assertions they are ready to take on the military.

After the siege in Rawalpindi, the government said it would not be deterred. RAVI NESSMAN (AP)

> "We are going to attack the terrorists ... who are disturbing the state and damaging the peace. Wherever they will be, we will follow them."
>
> —QAMAR ZAMAN KAIRA
> PAKISTANI INFORMATION MINISTER

Triple Car Bombings in Iraq Kill 19

Series of blasts occur in province crucial to the country's stability

BAGHDAD | A spate of car bombings killed 19 people Sunday in Iraq's western Anbar province, once a hotbed of insurgency that later become a showcase for restoring peace.

The province was the scene of some of the most intense fighting by U.S. troops during the insurgency. Violence tapered off significantly after local tribes decided to align themselves with U.S. forces instead of al-Qaeda in what is widely considered to be one of the key turning points of the Iraq war.

A reinvigorated insurgency in Anbar would pose a grave danger to Iraq's fragile stability as it prepares for crucial parliamentary elections early next year.

AP

Shoes and a motorbike litter the scene of Sunday's car bombing in Ramadi, Iraq.

The explosions Sunday occurred in Ramadi, the capital of Anbar province, about 70 miles west of Baghdad.

According to a local police official, a parked car first exploded near the Anbar province police headquarters and the provincial council building.

The second car bombing took place as police and bystanders rushed to the scene to help, while a third car exploded about an hour later at the gates to the Ramadi hospital, the police official said. REBECCA SANTANA (AP)

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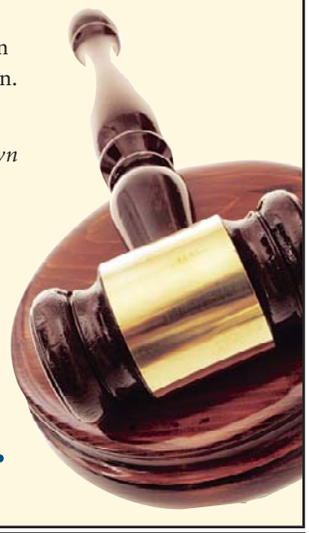

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Money

That New Card Smell

If you're in the market for a credit card, it's best to start with a look at your finances

NEW YORK | Shopping for a credit card is a lot more complicated than it used to be.

If you don't believe it, just check your mail. This year, the number of credit card offers sent to households is forecast to sink 60 percent to 1.5 billion, after falling 71 percent last year, according to market research firm Synovate.

"People don't have that option to look at the last five or 10 offers they [received] anymore," said Ben Woolsey of CreditCards.com, which lets consumers compare cards. "They have less bargaining power."

That said, banks still want the best customers, and even those with spotty credit histories have options.

Know Where You Stand

To size up your desirability as a customer, start by checking your credit report online. You're entitled to one free report a year from each of the credit bureaus: Equifax, Experian and TransUnion. If your report lists any collections, you can bet your score won't be great.

JOE RAEDLE/GETTY IMAGES

Consumers looking to land a new credit card have fewer options than they used to.

Weigh the Repercussions

Before you apply for a credit card, consider whether you might also be seeking a mortgage or car loan in the next year. Applying for a new card can shave a few points off your score, since it generally gets dinged when your report reflects that you've sought additional credit.

Just how much your score is hurt will vary. The negative impact on your score usually disappears after about a year.

Determine Your Needs

Once you determine that you're ready for a new card, figure out what you want out of it.

If you're prone to carrying a balance, for example, your top priority should be a low interest rate. If you're trying to budget, you might want to avoid rewards cards. They tend to have higher interest rates, and you might be inclined to spend more to earn the rewards.

Remember that the landscape has changed. Regardless of your credit history, the terms you're offered likely won't be as good as you're used to. CANDICE CHOI (AP)

PERSONAL FINANCE

HEALTH CARE

More workers are likely to be offered a health insurance option that offers a lower premium — but could mean higher out-of-pocket costs — when open enrollment begins at many companies in coming weeks. Here are some tips for evaluating these new health plans, called consumer directed health plans, and the alphabet soup of options that are common this open enrollment season.

1 What's a consumer-directed health care plan? This is insurance that typically carries a premium lower than traditional coverage, but the trade-off is accepting a deductible that tops $1,200 and can stretch as high as $10,000 for some family plans. Consumer-directed plans are paired with a special account to help manage these expenses. The most common are health reimbursement arrangements (HRAs) and health savings accounts (HSAs).

2 How do I tell an HRA from an HSA? HRAs are an employer-funded account that helps pay out-of-pocket expenses. That money belongs to the company and stays with it if the employee leaves. In contrast, customers own health savings accounts, which allow people to set aside pretax dollars for medical expenses. They can keep unused money in the accounts and earn interest.

3 How do I know whether it's right for me? The plans can vary widely, so a lot depends on what's offered. Financial planners say these plans generally work best for people who use little health care. The plans are a poor match for those who struggle to save money and often for people with chronic health conditions.

TOM MURPHY (AP)

[The Finalists]

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Local

In Brief

SILVER SPRING, MD.

Fire Disrupts Services At Md. Buddhist Temple

Montgomery County fire officials say a fire disrupted services at a Silver Spring Buddhist temple, prompting the evacuation of 220 inside but not causing any injuries. Fire officials say the blaze was reported shortly after noon Sunday and the fire in the roof area was put out in about 20 minutes. Fire spokesman Capt. Oscar Garcia says the cause of the fire is under investigation. (AP)

FAIRFAX, VA.

Support Builds for Dulles Rail Special Tax District

Proponents of the plan to extend Metro to Dulles International Airport have gathered enough support to create a special tax district. The tax district would pay for $330 million in capital funding for the second phase of the extension, which would go from Reston, Va., to the airport. Fairfax County officials announced Friday that 35 landowners — a majority of those who would be affected by the district — have signed a petition to create the tax district. The petition needs to be approved by the Herndon Town Council and the Fairfax Board of Supervisors. (AP)

The Lotteries

Sunday, Oct. 11

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D.C. Five (Sun.)	3-0-4-9-5

MARYLAND	
Mid-day Pick 3	6-9-2
Mid-day Pick 4	8-3-2-7

VIRGINIA	
Mid-day Pick 3	8-1-7
Mid-day Pick 4	5-4-4-9
Mid-day Cash 5	2-6-10-21-31

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office.

Va. Candidate Swipes at Obama

Republican Va. AG candidate calls Nobel Prize win 'hilarity'

Republican gubernatorial candidate Bob McDonnell may have been "delighted" that President Obama was awarded this year's Nobel Peace Prize, but his ticket mate, attorney general candidate Ken Cuccinelli, feels a little differently.

"Well, it's official: The Nobel Peace Prize is officially meaningless," Cuccinelli opened his Cuccinelli Compass newsletter to supporters Friday. He went on to quote commentator John Podhoretz about what Cuccinelli termed the "Nobel hilarity."

Podhoretz argued that the win is not surprising, because Obama represents the Nobel committee's highest ideals because he is "an American president queasy about the projection of American power."

"I suspect that whoever nominated him actually did it as a joke. And how about that? It really did turn out to be a joke," Cuccinelli concluded on the subject.

McDonnell steered clear from that kind of base-revving rhetoric Friday. He didn't exactly say he believed Obama deserved the prize, but he did say he thought winning it brought honor to the country, which he said was a good thing.

> **It's official:** The Nobel Peace Prize is officially meaningless."
>
> KEN CUCCINELLI, VA. REPUBLICAN CANDIDATE FOR ATTORNEY GENERAL

The Democrats, meanwhile, have sided with Obama. Gubernatorial candidate Creigh Deeds quickly put out a statement of congratulations early on Friday. And attorney general candidate Steve Shannon's spokesman Sunday afternoon said Shannon is with Deeds and McDonnell, leaving Cuccinelli as a Nobel outlier.

"Steve thinks it's unfortunate that Sen. Cuccinelli has to reach to politics in every situation," said Shannon spokesman Brian Coy. "Like Bob McDonnell, he agrees that this is an honor to the country and a call to action for all Americans." ROSALIND HELDERMAN (THE WASHINGTON POST)

Tens of Thousands Rally for Gay Rights

Protesters demand right to marry, serve openly in the military

Tens of thousands of gay rights activists marched past the White House to the Capitol Sunday, demanding the right to marry and serve openly in the U.S. military.

The crowd flooded down Pennsylvania Avenue, chanting, "What do we want? Marriage equality!" and "L, G, B, T, we demand equality." People on the street and on the roof of the Newseum stopped and watched, many cheering them on. Others held signs reading, "Fear Us Not," "Standing on the Side of Love," "Legislate Love" and "Equality Across America."

Marchers spanned the spectrum: a quiet teacher from Pennsylvania afraid to give her name because she feared retaliation at work, skimpily dressed "radical fairies" and leather-clad members of the D.C. Bear Club.

Movement leaders noted the tensions within the gay community between those who want a radical change in the legal condition of gays and those who think patience is needed as political obstacles are surmounted.

MARVIN JOSEPH/TWP

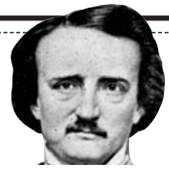
Gay rights supporters participate in the National Equality March on Sunday in D.C.

The march comes at a key time for the gay rights movement. On Tuesday, David A. Catania, I-At Large, an openly gay member of the D.C. Council, introduced a bill allowing same-sex marriages in the nation's capital. Council members have said they want to pass the measure by Christmas.

President Obama pledged Saturday night at a fundraising dinner for the Human Rights Campaign that he would end the military's "don't ask, don't tell" policy, under which gay and lesbian members of the armed forces are required to keep their sexual orientation secret. But he provided no specifics on how he would do it, and many gay activists are growing impatient, saying he hasn't fulfilled his promises to fight for equality. NELSON HERNANDEZ (THE WASHINGTON POST)

BRENDAN SMIALOWSKI/GETTY IMAGES

A man protests the military's "don't ask, don't tell" policy on sexual orientation.



FUNERALS His Stories Weren't Creepy Enough Edgar Allan Poe got the funeral he never had. Fewer than 10 people attended Poe's funeral when he died in October 1849. On Sunday, hundreds attended the service for the great writer. The event was held at Westminster Hall, the former church adjacent to Poe's grave. Actors portrayed Poe's friends and contemporaries, and writers and artists who cited Poe as an influence. A local special-effects artist even created a mock-up of Poe's corpse. (AP)

Sports

Redskins Are Anything But Special

20 | 17

Botched punt return hands Panthers first victory of the season

REDSKINS | The Washington Redskins failed to hold a 15-point lead in the second half and lost to previously winless Carolina, 20-17, on Sunday at Bank of America Stadium.

It was the second time this season Washington lost to a winless team, not counting the season-opener against the New York Giants. In week 3, the Redskins lost to Detroit, 19-14.

On Sunday with nine minutes, 21 seconds to play, the Panthers took their first lead, 20-17, on running back Jonathan Stewart's easy eight-yard touchdown run and a two-point conversion pass from quarterback Jake Delhomme to wide receiver Steve Smith. The go-ahead touchdown drive covered 12 yards — Stewart went untouched on a rush through the right side — and occurred after a horrible sequence of events for the Redskins on special teams.

Washington forced a three and out, and the Panthers punted. Standing inside the 20-yard line, punt returner Antwaan Randle El signaled for a fair catch. But Bryon Westbrook, getting in position to block for Randle El, was pushed back into Randle El by Panthers safety Quinton Teal.

Carolina recovered the ball, but there was confusion about which team should have possession. Zorn challenged the play, and replays appeared to indicate the ball hit Westbrook's foot. The ball went to the Panthers.

"The officials recommended that, because of all the confusion. ... They just said, 'This is a challengeable call,' " Zorn said. "I thought it was the right call to challenge. If I didn't challenge it, I would have been kicking myself if I thought it could have gone in our favor."

The Redskins took a 15-point lead — the biggest of Zorn's 21-game tenure — early in the third quarter on Portis' one-yard leap into the end zone. Panthers wide receiver Muhsin Muhammad couldn't handle Delhomme's pass, and cornerback DeAngelo Hall intercepted the ball off the tip and returned it 44 yards to the Panthers' one-yard line.

Portis scored on the next play and place kicker Shaun Suisham converted the point-after attempt for a 17-2 lead with 10:09 to play in the third. Washington's two touchdown drives covered 14 yards.

The Redskins didn't have the double-digit lead for long. It took the Panthers only 1:35 to get a 17-yard touchdown pass from Delhomme to tight end Jeff King. Rookie strong-side linebacker/defensive end Brian Orakpo was burned badly in coverage, and Washington's lead was cut to 17-9. Carolina also got a 45-yard field goal from place kicker John Kasay to pull closer at 17-12. JASON REID (THE WASHINGTON POST)

JONATHAN NEWTON/TWP

The Panthers' defense celebrates a two-point safety in the second quarter after tackling running back Clinton Portis Sunday.

JONATHAN NEWTON/TWP

MAN DOWN: Redskins trainers attend to offensive tackle Chris Samuels (60) who suffered a shoulder injury in the first quarter. Samuels did not return to the game.

> **"If I didn't challenge it,** I would have been kicking myself."
>
> **REDSKINS HEAD COACH JIM ZORN**, ON A LOSING CHALLENGE OF A TURNOVER ON A FOURTH-QUARTER PUNT PLAY.

Report CARD

BEST CALL: In the fourth quarter needing a TD to win, Zorn called for a big play. Campbell put it on the money to Devin Thomas down the sideline, who dropped it. Thomas has to make that catch.

WORST CALL: After a break gave the Redskins the ball on their own 1, Zorn ran a stretch play to get out of the end zone. Result: safety.

WORST ADJUSTMENT: As the lead kept dwindling, Zorn could not find his playmakers. Moss had two catches in the second half; Cooley finished with no catches.

D Another loss to a winless team on the road is bad, but not quite Detroit bad.

	1	2	3	4	Final
Redskins	7	3	7	0	17
Panthers	0	2	7	11	20

	Redskins	Panthers
FIRST DOWNS	15	16
RUSHING YARDS	74	86
PASSING YARDS	145	181
COMPLETIONS/ATTEMPTS	17/23	16/25
TURNOVERS	1	2
PENALTIES/YARDS	4/20	5/27
TIME OF POSSESSION	28:43	31:17

Sunday STARS

CLINTON PORTIS found the end zone twice Sunday, once on a short reception, and again on a one-yard dive.

JULIUS PEPPERS sacked Jason Campbell twice and tackled Clinton Portis for a safety.

Sports

Bengals Save Best for Last, Again

17 | 14

Cincy seizes control of AFC North with fourth dramatic win

RAVENS | In a duel for first place in the AFC North, the Cincinnati Bengals continued to demonstrate their ability to win close games. For the Baltimore Ravens, it was a familiar loss.

Carson Palmer threw a 20-yard touchdown pass to Andre Caldwell with 22 seconds left to cap an 80-yard drive fueled by Baltimore penalties, and the Bengals escaped with a 17-14 victory Sunday.

All five of Cincinnati's games this season have been decided by seven points or fewer. The Bengals have won three straight games by three points apiece, and at this point they seem like they wouldn't want it any other way.

"They believe they can win, no matter what the circumstances are," coach Marvin Lewis said. "We keep talking about that. Don't worry about it, don't flinch, keep playing."

The Bengals (4-1) appeared destined to come out on the short end of this one until Palmer masterfully directed the final drive — with the help of three yellow flags.

Penalties continue to plague Baltimore (3-2), which has lost two straight after starting 3-0 for the second time in franchise history. Last week, two roughing-the-passer calls played a key part in a 27-21 defeat at New England.

In the win, Cincinnati running back Cedric Benson rushed for 120 yards, becoming the first player in 40 games to eclipse 100 yards against the Ravens. (AP)

NICK WASS/AP

Bengals wide receiver Andre Caldwell, top, celebrates his game-winning catch with teammate Domata Peko on Sunday.

Austin Spurs on Cowboys in Win

NFL | Miles Austin scored the winning touchdown in overtime on a 60-yard catch-and-run to cap a record-breaking game in place of the injured Roy Williams, and the Dallas Cowboys escaped with a 26-20 victory Sunday over Kansas City.

Austin had 250 yards receiving on 10 catches to eclipse the single-game franchise record set in 1966 by Hall of Famer Bob Hayes.

The Cowboys (3-2) were able to overcome numerous mistakes to drop the Chiefs (0-5) to their 28th loss in their last 30 games. Matt Cassel tied the game late with a touchdown pass but was unable to convert in overtime. (AP)

NFL SCOREBOARD

Bengals 17, Ravens 14
Browns 6, Bills 3
Panthers 20, Redskins 17
Steelers 28, Lions 20
Giants 44, Raiders 7
Eagles 33, Buccaneers 14
Vikings 38, Rams 10
Cowboys 26, Chiefs 20
Seahawks 41, Jaguars 0
Falcons 45, 49ers 10
Cardinals 28, Texans 21
Broncos, Patriots (late)

50 **THE NUMBER OF** pass attempts by Tampa Bay quarterback Josh Johnson Sunday. In just his second NFL start, Johnson went 26-50 for 240 yards with two touchdowns and three interceptions in a 33-14 loss to the Eagles. The record for pass attempts in a game is 70, set by Drew Bledsoe in an overtime game in 1994. In contrast, Michael Vick completed his first pass in 33 months for one yard as he played garbage time in the fourth. (AP)

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Sports

Angels Rally to Sweep the Red Sox

In a playoff reversal, Guerrero gets big hit in the ninth inning

MLB PLAYOFFS | Vladimir Guerrero couldn't deliver a big hit in the postseason, and Jonathan Papelbon had never allowed a playoff run; both trends were reversed as the Los Angeles Angels shrugged off their postseason failures and swept the Boston Red Sox out of the playoffs.

7
6

Guerrero hit a two-out, two-run single off Papelbon in the ninth inning and the Angels rallied past Boston 7-6 in game 3 Sunday, advancing to the AL championship series with their first postseason sweep in franchise history.

The Red Sox intentionally walked Torii Hunter with runners on second and third to bring up Guerrero, a star who had long been waiting for a big October hit, and he delivered.

"That's the biggest hit he's had," Angels manager Mike Scioscia said. "I think the way we did it, in a sweep, in game 3 with two out in the ninth, gives us momentum."

The Angels open their first ALCS since 2005 on Friday against either the New York Yankees or Minnesota. The Yankees led that series 2-0 going into game 3 Sunday night.

Los Angeles trailed 5-1 early and was behind 5-2 after seven innings and still down 6-4 when Papelbon retired the first two batters of the ninth. Erick Aybar singled on a two-strike pitch, Chone Figgins walked, and Bobby Abreu singled in one run — the first postseason run Papelbon had allowed in 27 innings.

After Hunter was walked intentionally, Guerrero singled sharply to center on the first pitch as Figgins and Abreu raced home, commencing the celebration. (AP)

CHARLES KRUPA/AP

Los Angeles Angels Torii Hunter, left, Howie Kendrick, center, and Chone Figgins open the bubbly after defeating the Boston Red Sox to win the ALDS Sunday.

Tiger Is Perfect In U.S. Cup Win

GOLF | Tiger Woods had a perfect week, and the Americans stayed unbeaten at home in the Presidents Cup.

Woods delivered the clinching point Sunday at Harding Park with a 6-and-5 victory over PGA Championship winner Y.E. Yang. The point pushed the Americans over the 17½ that they needed to win the Presidents Cup.

The Americans improved to 5-0 on U.S. soil in the event. (AP)

TODAY'S TV LINEUP

CAPITALS (7 P.M. ON CSN) The Caps try to snap a three-game losing streak as they welcome Martin Brodeur and the Devils to Verizon Center.

FOOTBALL (8:30 P.M. ON ESPN) The Jets look to recover from a loss to the Saints as they battle the Dolphins.

MLB PLAYOFFS (5 P.M. ON TBS) If necessary, the Yankees and Twins play game 4 of the ALDS.

MLB PLAYOFFS (8:37 P.M. ON TBS) The Angels and Red Sox meet in game 4 of the ALDS in Boston.

COLLEGE FOOTBALL **Roll, Tide, Roll** **Alabama's steady rise in the AP rankings has left the Crimson Tide with a clear view of No. 1 Florida. The Tide's 22-3 win over Mississippi impressed voters enough for Alabama to garner 10 first-place votes and leapfrog unbeaten Texas into second place behind the Gators. The top two teams in the country now hail from the Southeastern Conference and may very well lock horns in the SEC championship in December. Virginia Tech and Boise State round out the top five.** (AP)

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Entrepreneur's Best Friend

Three local business owners find fulfillment in training, caring for and grooming dogs

"Get a bottle of water," Lydia Wade-Driver orders her student, who, far from balking at the command, obediently opens the fridge, grabs a bottle and brings it over. "Good girl," Wade-Driver says without condescension. That's because her trainee is Chanel, a 3-year-old Labrador retriever who's preparing for work as a service dog.

"You can teach them just about anything," she says of assistance dogs. "I don't think we've even begun to touch on what they can do."

Tapping into their potential has helped her realize her own. Wade-Driver is one of three area women who have found innovative ways to commune with man's best friend: Wade-Driver founded Blue Ridge Assistance Dogs (BRAD); Rebecca Bisgyer pioneered D.C.'s doggie day care scene; and Cassandra Kraham gave grooming a new look.

PUTTING DOGS TO WORK

Wade-Driver, who has a degree in landscape architecture from Virginia Tech, was laid off from her contractor position at IBM more

CONTINUED ON E2

KRIS TRIPPLAAR

HOME FOR THE LONELY: Rebecca Bisgyer, owner of Dog-ma, started D.C.'s first dog day care in 1998 to entertain pups while their owners are at work each day.

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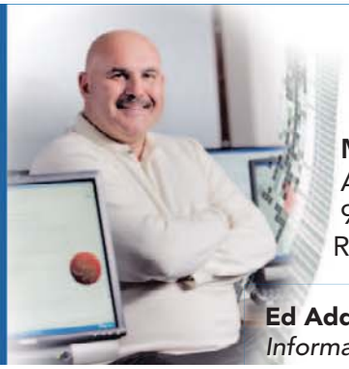

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Dog Workdays

CONTINUED FROM E1

than 15 years ago. "I decided to do what I really wanted to do," she says.

Inspired by her family's dogs, she researched jobs that would allow her to work with animals. "At first, I only knew about guide dogs, like most people," says Wade-Driver, 46.

She started by teaching canine obedience classes and then enrolled in the Bergin University of Canine Studies in Santa Rosa, Calif. After graduation, Wade-Driver returned home to Manassas and in 1994 founded BRAD, one of three organizations in Virginia that train and pair dogs with people who need them.

The nonprofit has placed 22 dogs with owners who suffer from conditions including autism, cerebral palsy, diabetes, mobility impairments, multiple sclerosis and post-traumatic stress disorder.

Wade-Driver breeds the dogs she trains. At 6 weeks old, the dogs go to live with volunteer puppy raisers who bring them to BRAD weekly for training. At a year and a half, the dogs return to live at BRAD and begin a six-month advanced training program. They learn more commands and refine their skills, such as opening doors and retrieving dropped items, which can be as small as a dime.

Using a handheld clicker, small treats and leashes, Wade-Driver gives the commands in a conversational tone. She does not raise her voice; if a dog responds incorrectly, she simply says, "No," and repeats the command. When the dog gets it right, Wade-Driver gives verbal praise, dispenses a treat or presses the clicker, making a noise the dogs associate with a job well done.

By tuning into chemical changes in the body, BRAD dogs can alert their owners to oncoming seizures or respond to them after they start. "They can go for help, they can get the phone, they can lie on top of you, they can lick you," Wade-Driver says. (By lying on the person, the animal keeps the patient warm and could also prevent someone from accidentally hurting themselves, while licking helps to keep the patient a little more in the moment so he or she comes out of the seizure faster, she says.) "It depends on what type [of condition] you have and what you want the dog to do. Everything's individual."

It takes two years and $25,000 to train one dog, and she sells them for $7,000. "A lot of people are on disability, so the $7,000 is more than enough for them to try to raise," she says.

KRIS TRIPPLAAR

Two greyhounds lounge around at Dog-ma day care, where they can be sure that the often lonely hours between 9 a.m. and 5 p.m. are filled with canine companionship.

> "IT'S A HARD BUSINESS TO MAKE ANY MONEY IN. THE THING THAT KEEPS ME GOING IS THE DOGS. I FEEL A HUGE RESPONSIBILITY ... TO MAKE SURE THAT THEY'RE HAPPY AND WELL CARED FOR."

"It's a hard business to make any money in," says Wade-Driver, who earns less than $20,000 a year. "When you apply for grants, not many want to do operating expenses or costs or salaries."

"The thing that keeps me going is the dogs. I feel a huge responsibility to them to make sure that they're happy and well cared for," she says. "You get to help the community."

PLAYTIME PIONEER

Rebecca Bisgyer, owner of Dog-ma (821 Virginia Ave. SE), knows all about feeling committed to dogs. Her guilt about leaving her pup for long stretches while she worked 12-hour days and traveled 150,000 miles a year as a marketing executive led her to start D.C.'s first dog day care in 1998.

"When I started the business, like many small-business owners, I wouldn't go home for several days sometimes and didn't shower for three days in a row. I was there round the clock frequently," says Bisgyer, 48. Today she has a staff of seven and has expanded from day care to 24-hour boarding services.

Dog-ma is the only dog day care in D.C. legally allowed to have outdoor play space — 8,000 square feet of it, to be exact. About 50 dogs spend up to 12 hours romping leash-free on playground equipment and in baby pools at Dog-ma each weekday, says Bisgyer, who handles the marketing, accounting and administrative work, and pays herself $50,000 a year.

Being with the dogs is her favorite part of the job. "It is a nonstop howl as far as seeing what they're like" at play, Bisgyer says, even though "we're always picking up poop. That's the thing we do more than anything else. You want to go home and burn your clothes after a full shift at Dog-ma, that's for sure."

And then there are the risks inherent to working with animals. "There are unknowns. Dogs can't talk to tell you what's going on," she says.

Understanding canine psychology helps. "Dogs are very inherently social creatures," she says, add-

ing that they travel in packs. "They look for leadership, and if they sense a void, they will fill it."

To avoid fights for that top spot, she separates pooches by how many dominant ones are in day care on a given day rather than focusing solely on size.

Bisgyer doesn't miss her former lifestyle. "I was in the corporate world for a long time," Bisgyer says. "I was good at what I did, and I was proud of my corporate career, but this was a real gift. Not a lot of people can say that they do what they love."

GROOMING THAT'S A CUT ABOVE

At Kraham's Paws of Enchantment (3415 Perry St., Mt. Rainier), grooming is more than soap and scissors. Cassandra Kraham offers

KRIS TRIPPLAAR

Bisgyer doesn't miss the corporate world. Her work with dogs is "a real gift. Not a lot of people can say they do what they love."

Cassandra Kraham offers mud treatments, facials, paw massages and foot soaks for dogs.

Dead Sea mineral mud treatments for pets with skin allergies; facials — yes, facials! — for tear-staining-prone breeds such as Shih Tzus and Yorkies; paw massage and foot soaks. Shampoo options include pomegranate and rosemary, and oatmeal, and groomers use massage techniques as they clean.

Kraham's work space smells more like lavender than wet dog

CONTINUED ON E4

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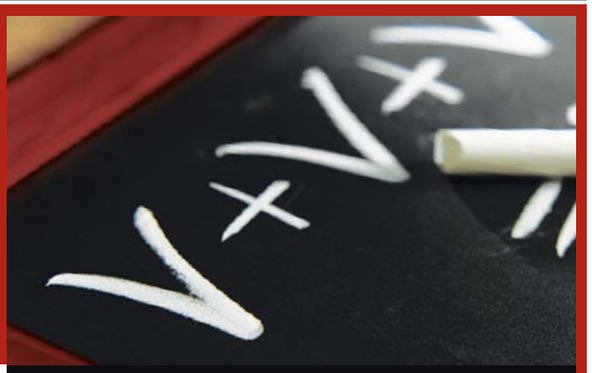

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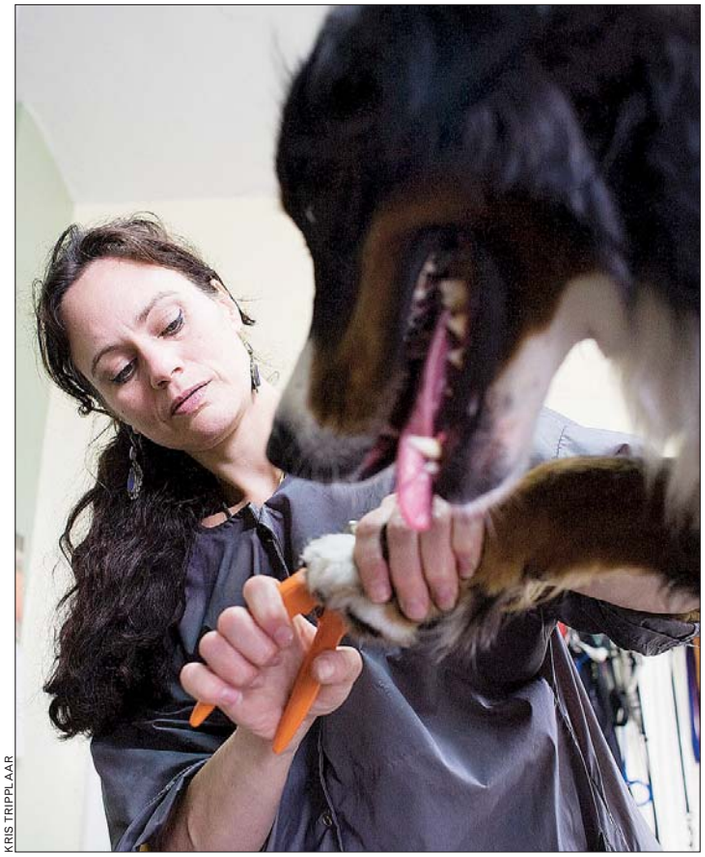

KRIS TRIPPLAAR

Cassandra Kraham gives a lucky canine a manicure at Paws of Enchantment.

Dog Workdays

CONTINUED FROM E3

— a move intended to benefit the dogs as much as the humans. Aromatherapy keeps the animals calm, she says.

The New Jersey native began grooming dogs 20 years ago at age 12, eschewing grooming schools and learning from breeders instead. She ran her own business while completing her master's in comparative literature at the University of Connecticut. After a stint as a teacher at schools in Athens and Cairo, she moved to D.C. in 1997 and worked at pet salons in Tenleytown and Dupont Circle before opening Paws in 2005.

Most people don't realize how much work goes into grooming, Kraham says. "It's not the kind of job you can rush," she says. "It's a process. A bath and a blow-dry could take two hours," depending on the size of the dog and its coat.

Groomers also get a decent workout on the job. "Some of these dogs weigh 100 pounds, and if they're trying to struggle, you have to support them," Kraham says. There's also plenty of bending: "There's the occasional accident on the floor. Not everyone walks their dogs in the morning. It happens."

> **"I find I learn a lot from them — just lessons about life. They're great teachers."**
>
> —CASSANDRA KRAHAM, GROOMER ON WORKING WITH DOGS DAILY

Kraham spends at least 50 hours a week at Paws. Animal caretakers earn between $15,000 and $31,000 a year, according to the Bureau of Labor Statistics.

But finances aside, "working with dogs is great," says Kraham, who owns five salukis. "I find I learn a lot from them — just lessons about life. They're great teachers." STEPHANIE KANOWITZ

The Places She's Gone

A certificate in health promotion gives a local the freedom to work in far-off spots

Jennifer Yezek used to look "enviously" out the window of a New Jersey laboratory. Now she works on a sunny island in the Pacific Ocean, thanks in part to a certificate from D.C.'s American University.

The 32-year-old majored in math and chemistry at Wake Forest University, then studied forensic science at Michigan State, graduating with a master's degree in criminal justice. "Since the curriculum was heavy on analyzing controlled substances, the [U.S. Drug Enforcement Agency] was a natural fit," Yezek says.

After a background check, the Columbia, Md., native became a fed — analyzing evidence, writing reports and testifying in court. "I was never called a narc," she says, "but I did have one of those jobs that everyone thought was so cool."

When her husband took a job in New Jersey — "a mecca for pharmaceutical companies" — Yezek worked for a subcontractor to Eli Lilly, where she was qualified to do drug research, thanks to her DEA experience and master's degree. "One of the tests I did helped advance a breast-cancer drug along in the [Food and Drug Administration] process," she says proudly.

Yezek felt caged, though: Her lab-rat work would eventually change lives, but "I wanted to be outside and interacting with people to make a difference." Also, folks who saw her working out or eating well often asked her advice on health and diet. She considered a Ph.D. in nutrition, but that would be a circular path back to lab work.

Yezek Googled "health" and "nutrition" and discovered AU's health promotion management program (202-885-6279, American.edu/healthpromotion). Bonus: It was closer to her parents in Maryland. Yezek's husband transferred to D.C. and she plunged in, working her first semester with the Postal Service, where students at AU's School of Education, Teaching & Health run wellness programs.

Yezek has started giving lessons to kids; themes include family health, and fruits and vegetables.

Related internships are part of the program, in which the 18-credit certificate in nutrition education shares some classes with the master's in health promotion management (Yezek was taking both). Most students spend a year finishing the classes in basic nutrition, weight management, exercise physiology, teaching methods and health communications or policy.

"Six out of 10 of the leading causes of death in America have their basis in nutrition," notes associate dean Anastasia Snelling. "How do you help people decipher the best food products for them and balance those with physical activity?" The certificate "is targeted at related health professionals — nurses, school policy makers, workplace wellness promoters, personal trainers, community workers and so on."

COURTESY JENNIFER YEZEK

> "I WANTED TO BE OUTSIDE AND INTERACTING WITH PEOPLE TO MAKE A DIFFERENCE."

Though there are no prerequisites, most students have a relevant undergraduate degree. "I'll look at what you've done and how we can connect this program to it," Snelling says. "Someone with a marketing background, say, will find many more ways to integrate this — food marketing is a big deal now — than someone who majored in literature."

That's why it's hard to estimate earnings from the certificate, whose online classes cost $2,400 and classroom courses $3,535 (by next fall, all will be available online); varied career paths intersect with previous education and career experience.

In fall 2008 and as part of her final semester pre-graduation, Yezek and Snelling developed healthier menus for the Arlington school system — work that helped take Yezek's mind off her husband's deployment to Iraq. On return, he asked Yezek what she'd think about a new assignment on Kwajalein, one of the Marshall Islands. "Since I hadn't seen him in six months, I jumped at the thought of being on an island far away with just him," she says.

"Far away" as in 7,156 miles. The former U.S. trust territory's climate is like D.C.'s in July; the coral atoll is three miles by one mile with no cars. The couple moved in March, and Yezek soon put her training to work at the Adult Recreation Center, where she educates residents about portion sizes and the dangers of smoking. This summer, she gave nutrition lectures, ran a boot-camp exercise class and provided grocery nutrition labels for an island-wide wellness competition.

Yezek has started giving lessons to kids through school and Scouts; themes include family health, and fruits and vegetables. "Groceries are delivered only twice a week," she says, "so cooking healthy can be a challenge."

So can living on the atoll, which survived high tides after last month's Pacific tsunamis. The couple have a three-year commitment to "Kwaj." Yezek is putting her work hours toward becoming a certified nutrition educator — more training! — with plans to teach healthy habits to kids once back stateside.

As for herself, "being on Kwaj has helped me tone down my dessert craving because there's not much out here unless you cook it yourself or have your mom send you a care package," she says wryly. Plus, she can work off missteps by surfing and snorkeling every day — another change from Washington. ELLEN RYAN

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Off the Road Again

➜ **NAME:** Garrett Porterfield
➜ **JOB:** Director of Virginia's branch of Overland Experts (Overlandexperts.com)
➜ **SALARY:** $75,000 to $85,000
➜ **EDUCATION:** A bachelor's degree in architecture from Penn State University
➜ **WHAT HE DOES:** Porterfield coordinates off-road driver training for military personnel and trains recreational groups, from corporate staffs seeking team-building exercises to travelers wanting to beef up their Land Rover skills.
➜ **WOULD YOU WANT THIS JOB?** A mellow personality — and higher-than-average tolerance for danger — is crucial. Time flexibility is also a must.
➜ **HOW HE GOT THIS JOB:** After a few years in a "very sterile" architecture firm/cubicle farm, he decided to transform his weekend hobby — Land Rover off-roading — into a new career. He sent query letters to CEOs, and Marriott International took the bait, hiring him to lead adventure activities at the Marriott Ranch in Hume, Va. Porterfield then earned trainer certification from the International 4-Wheel Drive Trainers' Association (I4wdta.org). This summer, Overland Experts bought Team Rover Adventures; now Porterfield is director of operations for its Virginia outpost.
➜ **HOW YOU CAN GET THIS JOB:** Anyone skilled in driving off-road vehicles has a serious advantage. Recreational drivers might join the Rover Owners' Association of Virginia (Roav.org) to gain experience. When hiring instructors, Porterfield seeks conscientious land stewards. "We look not just for weekend warriors but people who have a real, vested interest in the outdoors," he says. KATIE KNOROVSKY

KEVIN DIETSCH

Garrett Porterfield turned his off-roading hobby into a lucrative business.

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SPICY VARIETY: Baltimore's educational community caters to a huge range of ambitions. Johns Hopkins University, above, has robust, flexible graduate offerings.

Northern Enlightenment

For continuing-ed seekers, friendly D.C. neighbor Baltimore is a land of opportunity

A few years ago, Mollie Myers was just another 20-something college grad letting real-world practicality trump her true passion. A graphic designer with a B.A. in education from Baltimore's Goucher College, Myers pined for the hands-on, creative thrill of 3-D art. So, in 2003, the Silver Spring resident enrolled in a welding class offered by the School for Professional and Continuing Studies at Baltimore's Maryland Institute College of Art, followed by a chain of jewelry classes there that led to a stint as a commercial jeweler.

This summer, the 29-year-old celebrated the opening of Studio Ag (Studioag.us), her new art jewelry boutique in Maryland's historic Savage Mill, where she sells her handcrafted baubles and teaches classes on jewelry making. And she's taking more classes at MICA — business basics for creative professionals. "I don't know if I could have opened a studio without their business class," Myers says. "My needs as a business owner are completely different than, say, a plumber." She is also planning to take a marketing class in the creative entrepreneurship series.

Myers was drawn to the institution's top-notch reputation and evening classes, and she figured the area's rush-hour traffic makes driving to Baltimore about as convenient as trekking to downtown D.C.

WILL KIRK/JOHNS HOPKINS UNIVERSITY

Johns Hopkins' main campus is in Baltimore, but there are satellites in the D.C. area.

As a master's degree student in the Johns Hopkins School of Education, Gurpreet Takher, 30, was also drawn to his school's prestige, evening courses and not-so-terrible commute. "The name has quite a nice sound to it, in this area especially," admits Takher, who lives in LeDroit Park.

As a participant in the New Teacher Project in the Baltimore City Public School System since last winter, Takher considers the mentorship support that comes with a Johns Hopkins education crucial to his on-the-job survival. "I would have a mentor come visit me in the classroom and give concrete feedback that I could actually apply the next day, which was amazing," he says.

For Nathan Gehlert, a 31-year-old Cleveland Park resident, the choice to pursue higher education in Baltimore was a no-brainer. Loyola University is the only American university to offer what he was looking for: a Ph.D. in pastoral counseling, a program that integrates psychology and spirituality. Though he had hoped to stay in D.C., he says he feels blessed to live within reasonable driving distance.

"Loyola is designed for students who are commuters, so I was able to always schedule all my classes on just one day a week," Gehlert adds. The moment he stepped on campus for orientation back in the fall of 2005, he says he knew he belonged. "I remember just feeling, 'Oh, my gosh, these are my people,'" says Gehlert, who currently works as a psychotherapist at the Pastoral Counseling and Consultation Centers of Greater Washington.

Though the D.C. area has never been short on top-tier educational institutions, its northern neighbor holds its own when it comes to spots to get schooled.

Johns Hopkins University

WHERE: Homewood Campus is the main campus in northern Baltimore, with smaller outposts in Rockville and Dupont Circle; JHU's medical institutions sit in

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COST: From $477 to $1,309 per non-doctoral credit; up to $2,173 per credit for Ph.D.

Loyola University

WHERE: Main campus in northern Baltimore, with graduate studies mostly at Columbia and Timonium branches; Loyola.edu.

OFFERINGS: Working professionals-turned-graduate students earn advanced degrees in computing/software engineering, business and finance, education, Kodály music education (a sequence-driven teaching method), liberal studies, psychology, pastoral counseling and speech-language pathology. Students can choose among a variety of scheduling formats, many of which feature weekday evening classes and year-round schedules.

COST: $291 to $685 per credit.

Towson University has an extensive inventory of graduate offerings available.

Maryland Institute College of Art

WHERE: Near Penn Station in Bolton Hill; Mica.edu.

OFFERINGS: A fixture on listings of the nation's top art schools, MICA offers advanced degrees and certificate programs designed for art

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ists, designers and creative entrepreneurs. Classes include graphic and Web design, architecture, business basics for artists, jewelry making, glass-blowing, painting, digital photography, drawing and more.

COST: $1,375 per credit; continuing-ed classes range from $85 to $1,080.

Towson University

WHERE: Main campus sits on 328 acres in suburban Towson, eight miles north of Baltimore; Towson.edu.

OFFERINGS: Towson has an extensive inventory of graduate offerings available: four doctoral programs, 43 master's programs and 25 certificate programs.

COST: $309 per credit in state,

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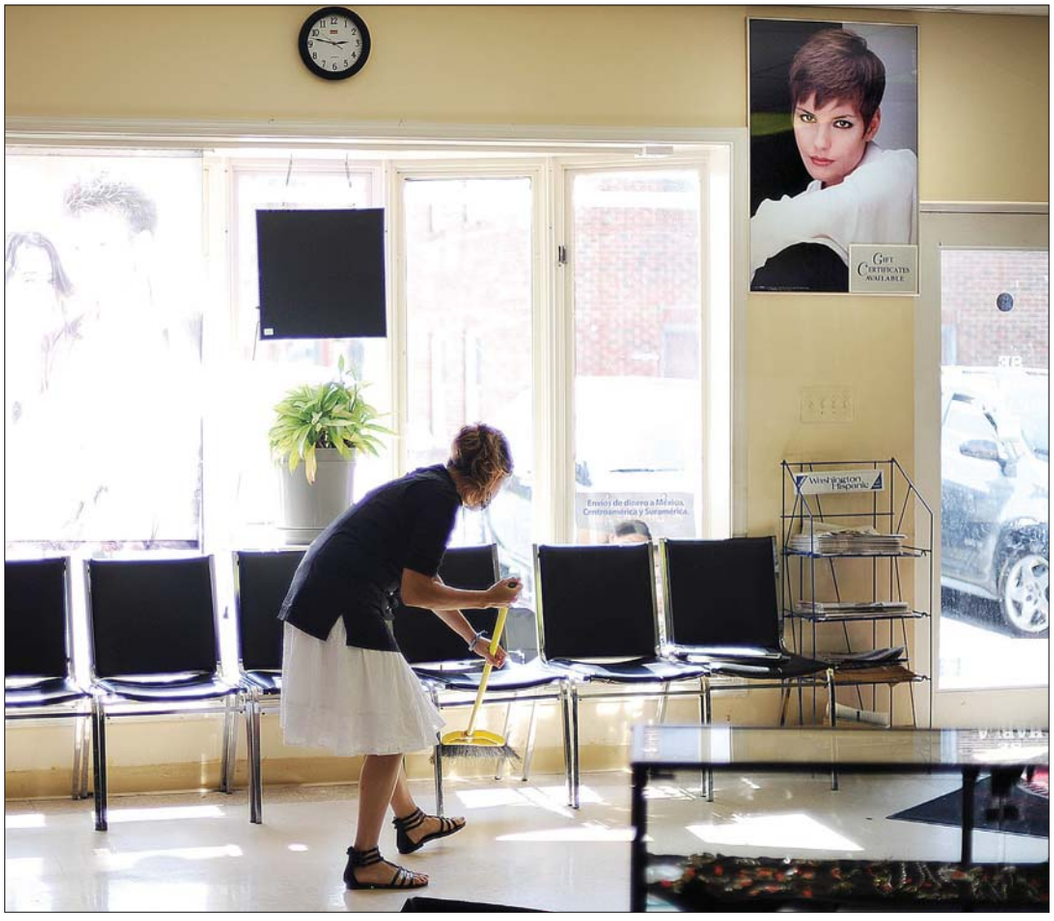

MELINDA MARA/TWP

Corina Cornejo's salon has been open for 30 years and shows no signs of flagging. Above, the store is cleaned before opening. At top right, Mariah Garcia, 5, has her hair cut for her first day at school. At bottom right, a regular customer comes in for his haircut — he makes an appearance at the salon once every two weeks.

It's All About Her Roots

A salon owner helps other Hispanic stylists gain confidence and needed experience

Corina Cornejo never forgets how she got her start: as a "shampoo girl" in a beauty salon in Arlington. In the mid-1980s, the owner of the salon put the Salvadoran immigrant in charge of washing hair and sweeping clippings while she studied for her cosmetology license. A few years later, Cornejo and her sister had saved enough money to open their own salon.

Now Cornejo is a mentor to stylists throughout Northern Virginia's Hispanic community. Her salon in Manassas and her sister's in Arlington, where Cornejo worked before selling her share to her sister, have served as training grounds for several aspiring salon owners to gain entrepreneurial confidence and experience before branching out on their own. "We have to share what we know," Cornejo said in Spanish. "God puts people that help you in your life. Now I can give it others."

With more than 500 foreign-born, self-reported Hispanic hairdressers in Virginia, mostly concentrated in Northern Virginia, salons are a popular choice in the immigrant-heavy region for newcomers who want to avoid low-paying day-labor jobs in favor of a career. Hair salons require little overhead, have relatively fewer bureaucratic hurdles to overcome than some other businesses and tap into skills that many immigrants cultivated in their home countries.

Cornejo opened the salon, expanded and hired other immigrants, who later took off on their own, a path not unlike that followed by Korean and Vietnamese nail salon workers and other new arrivals. Her shops helped train Ignacio Rodriguez, who operates in Alexandria; Yesenia Galdamez, who took over one of Cornejo's salons in Warrenton, Va.; and others whose intertwined histories demonstrate how many immigrants settle and prosper.

Cornejo's deep ties in the local community have paid off during the economic downturn. Although her annual revenue dipped from a high of about $200,000 in the late 1990s and early 2000s to $100,000 last year, Cornejo said she has not had to cut hours or employees. Her Manassas shop employs six stylists and an assistant manager.

But the economy has affected how often patrons frequent the shop. "You can say, 'I don't have the money, I'll wait another week,'" but she expects customers to return as the economy improves. Freddy Ventura, a longtime Manassas business owner, remembers when Cornejo opened her Manassas salon in the early 1990s. There weren't many Spanish-speaking businesses in the area. Corina's Hair Design was a hit.

"That place was packed. I never went because of the long line," Ventura said. "But everyone knew the name of the business."

The Mid-Atlantic Hispanic Chamber of Commerce counts 400 businesses as members in the D.C. region, said Jacqueline Krick, vice president of the Northern Virginia regional office. The chamber opened its first office in Northern Virginia in January and a second recently in Arlington. Cornejo's client list has been built largely on word of mouth. Many of her future employees found her that way too.

Salons are a popular choice for newcomers who want to avoid day-labor jobs in favor of a career.

In the early 1990s, Rodriguez walked into a well-known salon in the Culmore area of Fairfax County. The salon where Rodriguez had been working had just closed. He struck up a conversation with a stylist who knew Cornejo and her sister and learned that they had an open chair in their Arlington shop. Once he passed the in-person test, he was hired. When Cornejo opened the second salon in Manassas, Rodriguez followed her there.

During an interview he gave in Spanish, Rodriguez credits his time working for Cornejo as instrumental in opening his own salon.

"A lot of people come here without papers and have to clean bathrooms, but I got to work in my chosen profession," said Rodriguez, whose father had owned a barbershop in Mexico. Rodriguez picked grapes and strawberries in California when he first immigrated to the United States in the 1980s. "You open with a vision of what you'll do and you're excited about having your own business."

CONTINUED ON E12

Hair, Caring

CONTINUED FROM E11

Other shop owners say Cornejo gave them a chance when they didn't have much else. After losing two houses to foreclosure in 2006, Galdamez was in no position to open a business when Cornejo approached her last year about taking over her Warrenton shop where Galdamez worked. She had already tried running a house-cleaning service in Arlington, a lunch truck serving pupusas along Route 1 in Woodbridge, Va., and a hair salon in Herndon, Va. But Cornejo told Galdamez that she believed in her and would support her.

MELINDA MARA/TWP

Corina's Hair Design is frequented by families. Here, customers wait for haircuts.

"I always said to myself, 'I just need one more opportunity,'" Galdamez said in Spanish. "When I started, I said: 'This is mine; this is what I want to do. I won't leave this.'" She said she still regularly calls Cornejo with questions about treatments, prices and how to treat a particular client.

After nearly two decades, Cornejo's reputation remains strong. A few weeks ago, Doris Morales burst into Cornejo's Manassas shop. She was on a mission to find the salon a friend had recommended for her granddaughter. Was this the right place? The granddaughter was guided to a stylist's chair as Morales sat to relax.

A ramp agent at Dulles International Airport, Morales sees what Cornejo has done for herself — and for others — as setting the kind of example the Hispanic community needs.

"A woman who has her own business has to want to fight to come out ahead," Morales said. "She gives opportunities to people who want to learn. That's how the community grows." DAGNY SALAS (THE WASHINGTON POST)

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Stop, Think, Respond

Marsha Petrie Sue's 'The Reactor Factor' advises readers to stay cool and calm

We've all fantasized about telling off our Mr. Burns-like boss or putting that idea-stealing, credit-hogging co-worker in his place. And the stress we're feeling amid corporate layoffs, shrinking salaries and rising unemployment only adds fuel to those fantasy fires.

Petrie Sue

Q+A

But before we open our mouths and say something we can't take back (we're talking to you, Kanye West and Serena Williams), workplace communications expert Marsha Petrie Sue advises we stop and think about just what hissy fits really accomplish. In her new book, "The Reactor Factor: How to Handle Difficult Work Situations Without Going Nuclear" ($24.95, Wiley, out Oct. 26), she offers tips and techniques for keeping your cool no matter what comes your way.

What should we all remember before reacting to any workplace situation?

Every time you make a choice, the outcome is yours. If you don't like your outcomes, make better choices. It's personal responsibility. If people took more personal responsibility for their choices, life would be so much easier for them and for everybody else. I am so tired of people not taking personal responsibility.

What's the difference between reacting and responding?

Reacting is knee-jerk; responding is learned. People react because they're too lazy to dig into their tool kit of skills and figure out what's the best approach or what's going to work best. Responding is taking a minute to think about all you've learned and just making a better choice.

What kind of reactions will always get you in trouble?

When you let your mouth overshoot your brain. People just don't stop and think what the repercussions are going to be. They open their mouth and get in trouble. For some reason, we've gotten to be very lazy thinkers, and we don't really think about what's going to come out of our pie holes when we open them. Then we wind up having to apologize, and that's crazy.

> "Responding is taking a minute to think about all you've learned and making a better choice."

How is it possible to stay positive when so much of what we hear right now is negative?

The first thing to do is to validate information. So many people, when they hear rumors, they don't validate the information; they expand on it. That becomes the grapevine, the gossip, the office politics. When you get entrenched in that, it drives your negativity into a downward spiral. When people get involved

CONTINUED ON E14

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Remain Calm

CONTINUED FROM E13

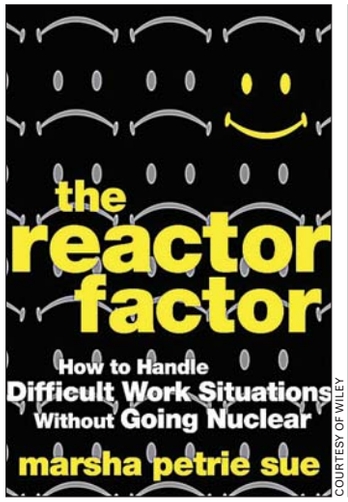
in gossip and the grapevine, they're cutting their own throats.

So, how do you avoid getting caught up in it?

It's really very easy to get pulled into it, because it's interesting. But we just have to make a decision with ourselves. I had to do this in my corporate life, because you can get sucked into the spiral so quickly. Every time someone would come up to me and say something like, "Did you hear what Joanie did?" I said, "Let's get Joanie and ask her; let's validate that." If you do that, people stop bringing up that garbage to you, so then you don't have to worry about getting sucked in, because you're not a party to it.

Why are there so many difficult people in the workplace these days?

I think it has a lot to do with leadership. Any time leaders don't have or make time to give true appraisals, they get in a hurry and ask the person to write their own and they'll approve it. We're all going to give ourselves glorious appraisals, and then we feel entitled because we've been validated. A lot of it is caused from people's feeling that they are owed their job, that the company owes them, which is not true.



COURTESY OF WILEY

> "If people took more personal responsibility for their choices, life would be so much easier."

How can you handle a layoff gracefully?

It depends 100 percent on your self-confidence. My stepdaughter, who's in banking, has been riffed because of acquisitions and such four times. Every time she gets laid off, she says, "It's a great opportunity for me to find a better job." She goes into it with a positive attitude. If you do get laid off, make sure you understand what a really good resume is. It's not about what you've done but about what you bring to a potential new employer. What is the talent or skill that you are going to bring to them to help them run their business more effectively? BETH LUBERECKI

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DUANE HEATON

Heidi and Mike look totally in love — but it probably helps that a photographer with all the right tricks took this picture.

Engaging Pictures

A photography class focuses on capturing betrothed couples in classy, unique ways

Crash Course

Heaton

Whether you're a dewy-eyed romantic — or you just have dollar signs in your eyes — setting your sights on wedding photography can be a sweet way to marry talent and extra cash. You can flirt with the prospect at the Washington School of Photography's daylong workshop on how to shoot high-quality, unique engagement photos and couples portraits.

Everyone from newbies to seasoned photographers tag along with professional photographer Duane Heaton to photograph a real, live, smitten couple. Along the way, the group navigates the secret nooks of Georgetown as well as the quirks of portrait photography. "It's really simple to take a photo of somebody, but I try to teach my students to create something that's 'about' the subject," Heaton explains, which means capturing the dynamic and personality of the couple in each frame.

The Basics

A maximum of 10 students, instructor and couple meet near the waterfront for "Georgetown Walk," Heaton's twist on the traditional engagement photo session. The 6.5-hour workshop (which includes a break for lunch) is crammed with hands-on opportunities to snap photos of the subjects in a string of unusual settings, from alley crannies to a boarded-up loading dock, with each location presenting a different lighting challenge. Students are to bring extra memory cards and a long telephoto lens, which gives the couple space to act more naturally.

What You'll Learn

Throughout the workshop, Heaton answers on-the-fly questions and details expert tips, from twosome posing styles and lighting tricks to how to build a comfortable rapport between photographer and subject. "First and foremost, we talk about paying attention and making sure there's a congruency among the couple," Heaton says, from directing the couple to dress in similar textures and color palettes to paying attention to facial structure and body language. Plus, he also explains how to make tools such as reflectors, shades and shadows work for you.

What's the Deal?

"Engagement Photos and Couples Portraits — in Georgetown" is offered by the Washington School of Photography during the second-annual FotoWeek DC (Fotoweekdc.org). The class will be held from 10 a.m. to 4:30 p.m. on Nov. 8 and costs $195. Register online at Wspphoto.com. KATIE KNOROVSKY

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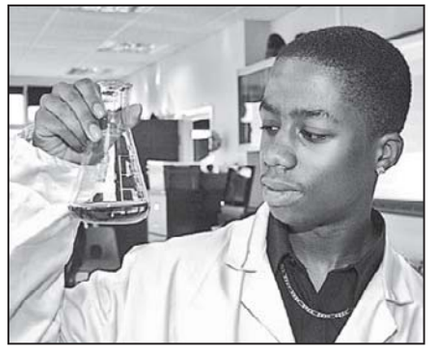

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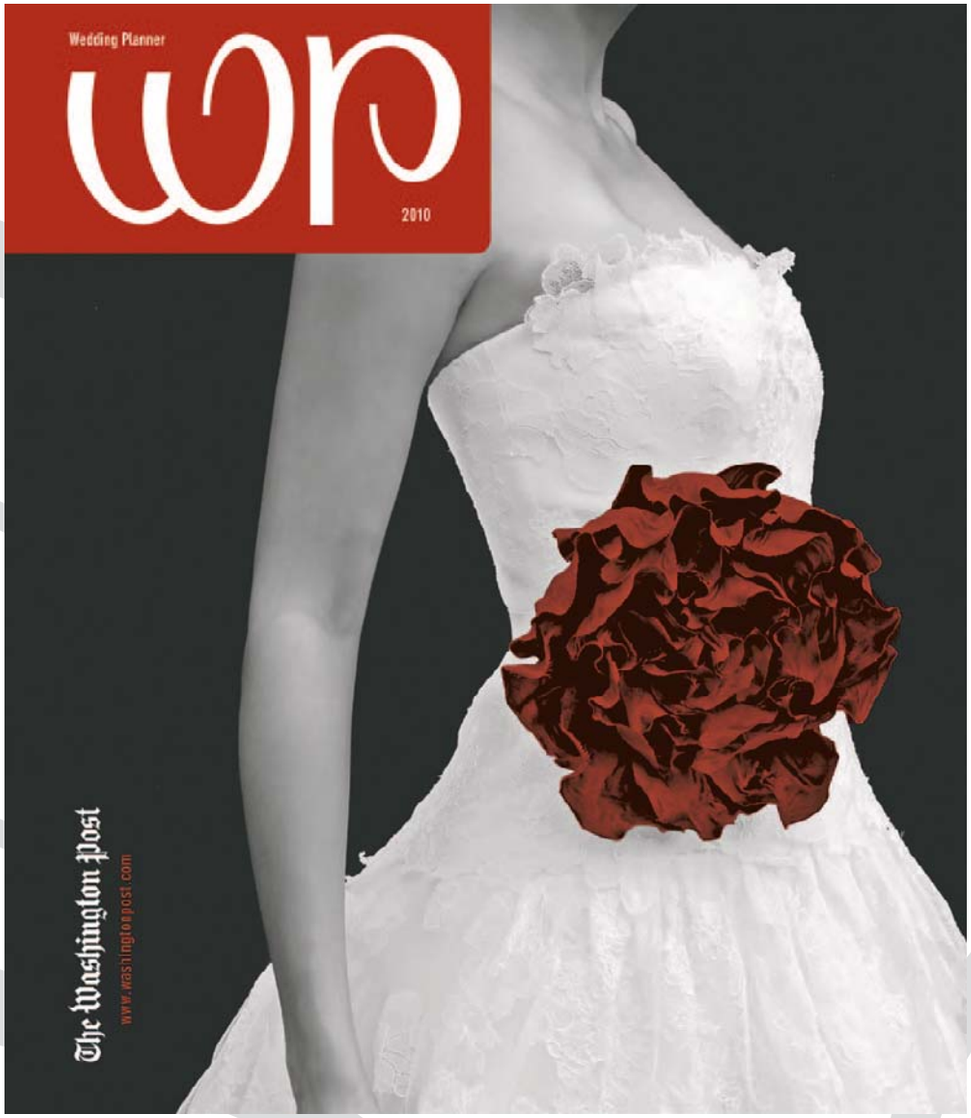

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lookout

Martin on the Old Banjo

The beloved actor tours with bluegrass veterans the Steep Canyon Rangers

MUSIC | This is the story of the Steep Canyon Rangers.

Woody Platt met Anne Stringfield through his brother. Stringfield, a journalist who's written for the New Yorker, gave Platt's bluegrass band, the Steep Canyon Rangers, press whenever the group toured New York. Then, she married actor and comedian Steve Martin.

About a year later, Platt and the Rangers are at a cookout in North Carolina with Stringfield and Martin. Martin pulls out his banjo, they jam. And the rest, as they say, is history.

Martin, who plays the banjo rather well, released his first album earlier this year. "The Crow: New Songs for the 5-string Banjo" features guest spots from Earl Scruggs, Vince Gill and Dolly Parton. When he set out to embark on his first large-scale tour, he enlisted the Rangers to be his backing and support.

"The whole thing has been pretty wonderful and quite a surprise," Platt said.

And the tour couldn't have come at a better time. The Steep Canyon Rangers, who will back Martin and open some, but not all, shows released its sixth studio record last week (the day after backing Martin on "The Late Show With David Letterman"). Where Martin plays banjo-led bluegrass in a traditional sense, the Rangers take a much broader approach.

"The songwriting, the style — it's not quite as predictable a bluegrass style," said Platt, the group's singer and guitarist. "We're definitely a bluegrass band, but what we play, it's not quite bluegrass. It isn't quite as predictable in that sense. A lot of songs are in minor key, and they anchor out a different chord shape, and that's kind of where we are as a band."

Of course, because the band isn't as accustomed to Martin's banjo-picking exercises, there was a slight learning curve — not that it was much trouble for the seasoned bluegrass veterans.

"Well, the cool thing is that we are a band, so we have amazing communication," Platt said. "We rehearsed his music, got his record, learned all the songs top tobottom. One of the things about Steve is he's really open-minded about his songs and what he wants to do."

RUDI GREENBERG (EXPRESS)

expressnightout

➜ For more of this article about Steve Martin and the Steep Canyon Rangers, please visit us online.

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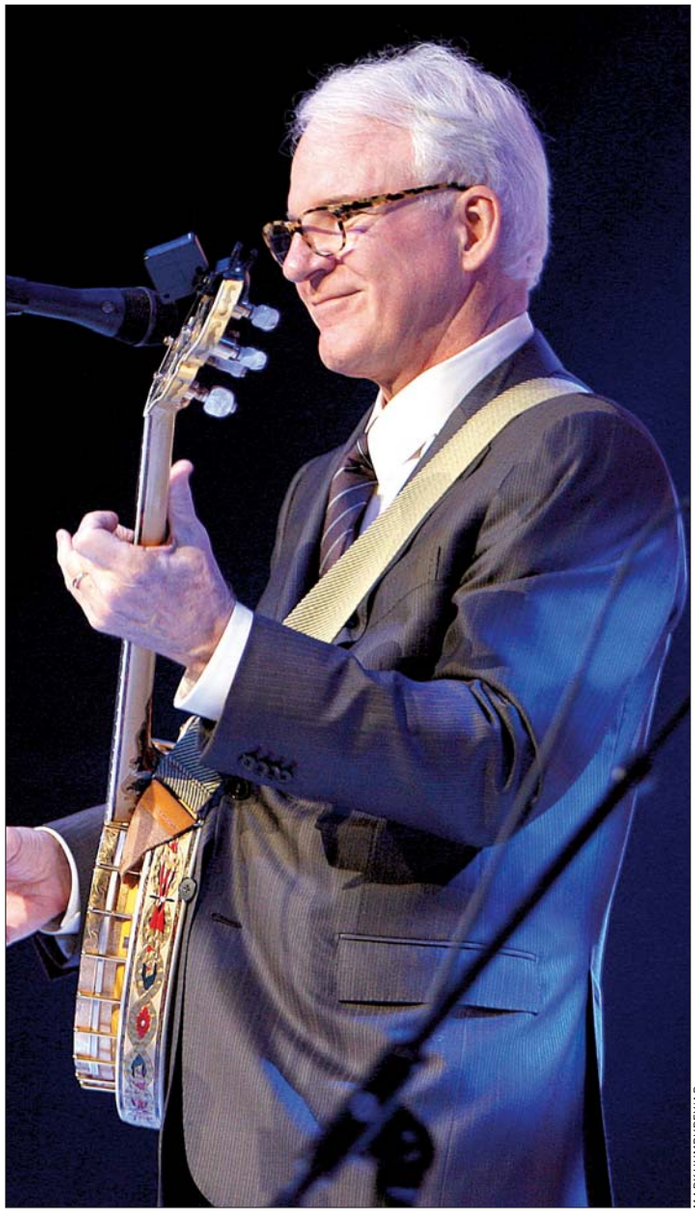


MARK HUMPHREY/AP

TRIPLE THREAT: We knew he could do movies, and we knew he could do comedy — but now the world is aware that Steve Martin is also a very solid banjo player.

➜ *Warner Theatre, 513 13th St. NW; 8 p.m., $69.50-$89.50; 202-783-4000. (Metro Center)*

CHARLES SYKES/AP

Oliver will visit America's fattest city.

A Town's Harsh TV Reality

Jamie Oliver heads to West Virginia to document obesity

SERIES | Residents of a West Virginia town still smarting from a news story that dubbed their community as America's fattest city are worried that a new reality TV show will reopen those wounds.

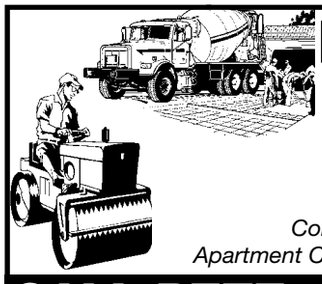
Celebrity chef Jamie Oliver is taping a show in Huntington to be broadcast next year on ABC aimed at improving the eating habits of residents.

Oliver was drawn to the city because of a 2008 Associated Press story that used federal data to proclaim the five-county Huntington metropolitan area the country's unhealthiest. The metro area includes part of southern Ohio.

Residents still irked by that fear a new round of singling out the city for problems that are widespread across the U.S.

Oliver has said, though, that he doesn't want to engage in harmful stereotyping. TOM BREEN (AP)

BOX OFFICE **Couples Conquer** Vince Vaughn and Jon Favreau have buddied up again to land their relationship comedy "Couples Retreat" at the top of the weekend box office. The movie pulled in $35.3 million to take over the No. 1 spot from "Zombieland," which slipped to second place with $15 million. The micro-budgeted fright flick "Paranormal Activity" did big business in its first full weekend after two weeks of midnight-only screenings, coming in at No. 4 with $7.1 million in just 160 cinemas. (AP)



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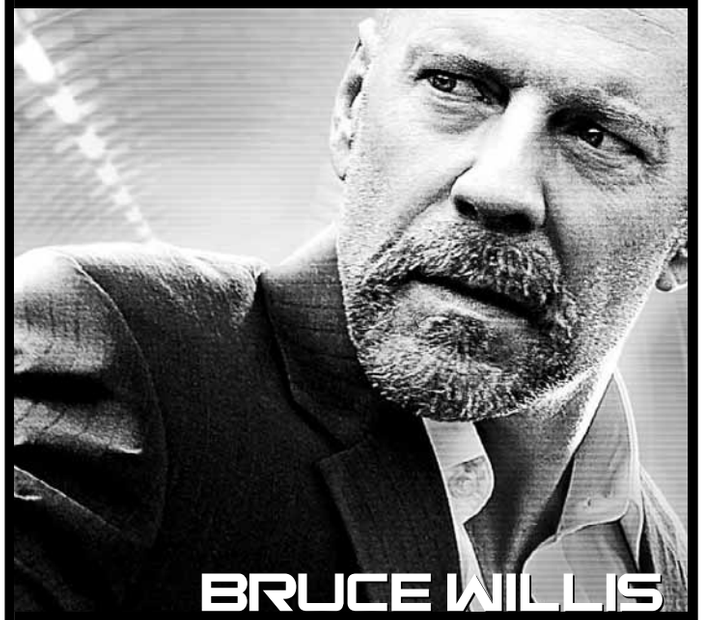
"ENTERTAINING. BRUCE WILLIS REMAINS A STALWART AMONG MOVIE ACTION HEROES."
LEONARD MALTIN, ENTERTAINMENT TONIGHT



BRUCE WILLIS
SURROGATES

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lookout entertainment

Ms. Simpson Bares All

In an effort to lure younger readers, Playboy resorts to an unusual cover girl

JOURNALISM | After more than a half-century featuring flesh-and-blood centerfolds, Playboy has for the first time given the spot to a cartoon character: Marge Simpson, complete with a data sheet and an interview.

Editorial Director James Jellinek won't say exactly how much of Marge will show in the November edition that hits newsstands on Oct. 16 — or whether she lets that big pile of blue hair down. But, he said, "It's very, very racy."

For Playboy, which has seen its circulation slip from 3.15 million to 2.6 million since 2006, putting Marge on the cover was designed to attract younger readers to a magazine whose the median age of readers is 35.

AP

We're sure it's all in the best of taste.

"We knew that this would really appeal to the 20-something crowd," said spokeswoman Theresa Hennessey.

The magazine also hopes to turn the November issue into a collectors' item by featuring Marge on the covers of only the magazines sold in newsstands. Subscribers will get a more traditional model. "It's so rare in today's digital age where you have the opportunity to send people to the newsstand to pick something up," Jellinek said.

Playboy even convinced 7-Eleven to carry the magazine in its 1,200 corporate-owned stores, something the company has done only once before in more than 20 years. "We love Marge," said 7-Eleven spokesman Margaret Chabris. (AP)

top stops

Compiled by Express' Fiona Zublin and Christopher Porter. Read more picks every day at **Expressnightout.com/topstops.**

2 What Are the Odds?

Did you know you're more likely to be killed by a falling piano than struck by lightning? OK, we made that up. But if that intrigued you, check out "Act of God," a documentary about the effects — not just physical, but metaphysical — of being struck by a bolt from the blue. Director Jennifer Baichwal talked to people around the world who've been sizzled to find out how the experience changed them. F.Z.

→ *AFI Silver Theatre, 8633 Colesville Road, Silver Spring; $6-$10; 301-495-6700, Afi.com. (Silver Spring)*

1 California Dream-In

The Airborne Toxic Event, the Henry Clay People and Red Cortez take small gestures — two or three chords, indie rock — and make them sound like epics through repetition, passion, strings and keyboards. It's all very familiar, touching on everything from the Arcade Fire to Neil Young, but it's also what makes this grouping of Californians so complementary. Arrive for the first band; stay through the last; be rocked by them all. C.P.

→ *9:30 Club, 815 V St. NW; 7 p.m., $20; 202-265-0930, 930.com. (U St.-Cardozo)*

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Rockville Town Center 800-FANDANGO 248#

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I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (120 410) 710 955
ZOMBIELAND (R) - ID REQ'D (1125 1220 240 420 520) 700 800 1030
OC: ZOMBIELAND (R) - ID REQ'D (140 PM) 930 PM
WHIP IT (PG-13) (1130 210 510) 750 1040
INVENTION OF LYING (PG-13) (1110 150 430) 720 1000
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1210 320) 620 930
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1240 PM 500 PM) 900 PM
SURROGATES (PG-13) (1250 330) 600 820 1045
FAME (PG) (100 340) 650 950
THE INFORMANT (R) - ID REQ'D (1120 200 440) 730 1010
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (1100 130 400) 630 900

GERMANTOWN STADIUM 14
20000 Century Blvd 800-FANDANGO 455#

COUPLES RETREAT (PG-13) (130 230 430 515) 715 800 1000 1045
GOOD HAIR (PG-13) (200 445) 730 1015
ZOMBIELAND (R) - ID REQ'D (100 315 415 530) 830 1000 1045
OC: ZOMBIELAND (R) - ID REQ'D (145 PM) 745 PM
INVENTION OF LYING (PG-13) (120 410) 710 950
WHIP IT (PG-13) (150 420) 740 1020
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM
SURROGATES (PG-13) (210 440) 720 945
FAME (PG) (110 400) 645 920
THE INFORMANT (R) - ID REQ'D (215 450) 750 1030
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (115 330) 630 900
LOVE HAPPENS (PG-13) (100 350) 650 940
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (110 345) 640 930

UA SNOWDEN SQ STADIUM 14
9161 Commerce Ctr Dr 800-FANDANGO 570#

COUPLES RETREAT (PG-13) (1255 155 340 440) 645 745 920 1020
WHIP IT (PG-13) (205 445) 730 1010
INVENTION OF LYING (PG-13) (150 420) 735 1015
CAPITALISM:A LOVE STORY (R) - ID REQ'D (100 400) 715 1005
ZOMBIELAND (R) - ID REQ'D (105 315 530) 800 1030
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM
OC: SURROGATES (PG-13) (120 PM) 805 PM
PANDORUM (R) - ID REQ'D (430 PM) 1000 PM
SURROGATES (PG-13) (330 PM 540 PM) 1030 PM
FAME (PG) (250 520) 750 1025
THE INFORMANT (R) - ID REQ'D (220 450) 720 950
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (110 320 525) 740 955
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (135 415) 650 925
INGLORIOUS BASTERDS (R) - ID REQ'D (130 PM 455 PM) 815 PM
JULIE & JULIA (PG-13) (145 PM) 705 PM

MAJESTIC STADIUM 20
900 Ellsworth Dr Silver Spring, MD 240-393-4826

PARANORMAL ACTIVITY (R) - ID REQ'D (1115 140 430) 605 650 815 910 1010
COUPLES RETREAT (PG-13) (1200 1250 230 325 510) 600 745 835 1025
RW & DA: COUPLES RETREAT (PG-13) (1105 130 425) 705 945
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1210 120 315 420) 620 740 915 1040
ZOMBIELAND (R) - ID REQ'D (1130 1230 145 245 400 505) 610 720 825 930 1030
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (115 350) 630 900 1135
GOOD HAIR (PG-13) (1225 240 500) 715 935
WHIP IT (PG-13) (1145 215 515) 805 1100
INVENTION OF LYING (PG-13) (1215 250 530) 755 1020
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1100 AM 300 PM) 700 PM
PANDORUM (R) - ID REQ'D 1005 PM
SURROGATES (PG-13) (1135 150 405) 615 830 1045
FAME (PG) (105 345) 640 920
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1150 210 445) 735
THE INFORMANT (R) - ID REQ'D (335 PM) 655 PM 955 PM
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (1120 135 355) 635 905
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (1110 155 440) 725 1000
INGLORIOUS BASTERDS (R) - ID REQ'D (1155 AM)

ROYALE STADIUM 14
6505 America Blvd. Hyattsville, MD 301-864-3456

RW & DA: COUPLES RETREAT (PG-13) (110 355) 725 1000
GOOD HAIR (PG-13) (100 325) 705 950
ZOMBIELAND (R) - ID REQ'D (115 145 330 400 540) 650 750 930 1010
WHIP IT (PG-13) (130 405) 745 1020
INVENTION OF LYING (PG-13) (150 415) 645 920
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM
PANDORUM (R) - ID REQ'D (120 350) 735 1015
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (155 425) 740 1025
SURROGATES (PG-13) (105 335) 720 945
FAME (PG) (140 410) 655 955
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (135 345) 640 915
SORORITY ROW (R) - ID REQ'D (200 430) 710 940
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (215 450) 730 1005

BETHESDA 10
7272 Wisconsin Avenue 800-FANDANGO 569#

COUPLES RETREAT (PG-13) (150 420) 730 1000
WHIP IT (PG-13) (150 430) 750 1020
INVENTION OF LYING (PG-13) (200 500) 800 1025
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM
ZOMBIELAND (R) - ID REQ'D (140 350) 600 810 1020
SURROGATES (PG-13) (230 445) 710 920
FAME (PG) (125 400) 640 910
THE INFORMANT (R) - ID REQ'D (410 PM) 740 PM 1010 PM
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (100 305 510) 720 930
JULIE & JULIA (PG-13) (115 PM)

BOWIE STADIUM 14
15200 Major Lansdale Blvd 800-FANDANGO 454#

GOOD HAIR (PG-13) (215 450) 725 1000
COUPLES RETREAT (PG-13) (220 505) 745 1025
WHIP IT (PG-13) (220 455) 735 1015
INVENTION OF LYING (PG-13) (155 435) 720 1005
ZOMBIELAND (R) - ID REQ'D (100 140 310 350 520) 600 730 810 950 1030
TOY STORY 3D - DOUBLE FEATURE (G) ★ (100 PM 500 PM) 900 PM
PANDORUM (R) - ID REQ'D (240 PM) 740 PM
SURROGATES (PG-13) (115 330 545) 800 1025
FAME (PG) (230 445) 715 945
THE INFORMANT (R) - ID REQ'D (515 PM) 1020 PM
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (205 440) 705 920
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (150 225 435 505) 710 750 955 1035
9 (PG-13) (210 430) 650 915

GALLERY PLACE STADIUM 14
701 Seventh St NW 800-FANDANGO 1721#

COUPLES RETREAT (PG-13) (1200 1230 100 230) 315 400 500 600 645 730 845 930 1000
GOOD HAIR (PG-13) (1145 215) 445 715 945
OC: ZOMBIELAND (R) - ID REQ'D (1230 PM) 745 PM
WHIP IT (PG-13) (1140 220) 510 750 1025
INVENTION OF LYING (PG-13) (1130 200) 430 700 950
ZOMBIELAND (R) - ID REQ'D (1130 130 250) 335 515 545 820 955 1040
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1135 AM 330 PM) 720 PM
SURROGATES (PG-13) (1220 245) 530 805 1030
FAME (PG) (1145 215) 450 725 1010
THE INFORMANT (R) - ID REQ'D (1150 225) 505 800 1035
CLOUDY WITH A CHANCE OF MEATBALLS 3D - EVENT PRICE (PG) ★ (1155 210 435) 650 915
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (1250) 400 710 955

BALLSTON COMMON STADIUM 12
671 N Glebe Rd 800-FANDANGO 377#

COUPLES RETREAT (PG-13) (120 220 400 500) 640 740 920 1020
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1230 130 330 430) 625 725 930 1030
TOY STORY 3D - DOUBLE FEATURE (G) ★ (300 PM) 700 PM
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (200 445) 730 1015
THE INFORMANT (R) - ID REQ'D (1255 155 340 440) 620 720 910 1010
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (145 410) 630 855
BRIGHT STAR (PG) (140 420) 710 1000
9 (PG-13) (115 PM) 650 PM
DISTRICT 9 (R) - ID REQ'D (350 PM) 905 PM
JULIE & JULIA (PG-13) (150 PM 450 PM) 750 PM

POTOMAC YARD STADIUM 16
3575 Jefferson Davis Hwy 800-FANDANGO 690#

COUPLES RETREAT (PG-13) (100 200 350 450) 640 740 930 1030
GOOD HAIR (PG-13) (1225 250 520) 750 1020
OC: ZOMBIELAND (R) - ID REQ'D (135 PM) 620 PM
ZOMBIELAND (R) - ID REQ'D (235 400 500) 720 845 945
WHIP IT (PG-13) (1250 340) 650 940
INVENTION OF LYING (PG-13) (150 430) 705 950
TOY STORY 3D - DOUBLE FEATURE (G) ★ 300 PM 700 PM
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (155 440) 725 1010
PANDORUM (R) - ID REQ'D (240 PM 540 PM) 820 PM
SURROGATES (PG-13) (1245 310 530) 810 1035
FAME (PG) (1240 330) 625 910
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (140 410) 630 855
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (120 415) 710 1000
INGLORIOUS BASTERDS (R) - ID REQ'D (1255 PM 420 PM) 800 PM
JULIE & JULIA (PG-13) (130 425) 730 1025

KINGSTOWNE STADIUM 16
5910 Kingstowne Towne Center 703-822-4956

COUPLES RETREAT (PG-13) (1140 215 455) 740 1020
RW & DA: COUPLES RETREAT (PG-13) 1245 (335) 625 915
GOOD HAIR (PG-13) (1205) 225 445 715 950
ZOMBIELAND (R) - ID REQ'D (1135 1235 150 255 405 515) 645 800 900 1030
WHIP IT (PG-13) (100 345) 630 905
INVENTION OF LYING (PG-13) (1215 240 510) 745 1015
CAPITALISM:A LOVE STORY (R) - ID REQ'D (105 410) 710 1005
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1130 AM 325 PM) 730 PM
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D 1200 235 (505) 750 1025
SURROGATES (PG-13) (1220 230 450) 725 945
FAME (PG) (110 400) 700 930
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1150 205 420) 635 855
THE INFORMANT (R) - ID REQ'D 1240 (350) 655 925
LOVE HAPPENS (PG-13) (1255 PM)
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (1250 330) 650 935
9 (PG-13) (340 PM) 615 PM 845 PM

COUNTRYSIDE STADIUM 20
45980 Regal Plaza 800-FANDANGO 394#

COUPLES RETREAT (PG-13) (1200 100 200 245 345 445 530) 630 730 815 915 1015
OC: ZOMBIELAND (R) - ID REQ'D (150 PM) 700 PM
WHIP IT (PG-13) (125 420) 705 950
INVENTION OF LYING (PG-13) (145 425) 725 1005
CAPITALISM:A LOVE STORY (R) - ID REQ'D (1240 340) 640 940
ZOMBIELAND (R) - ID REQ'D (1250 310 430 540) 800 925 1025
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1200 PM 350 PM) 740 PM
I HOPE THEY SERVE BEER IN HELL (R) - ID REQ'D (140 440) 720 1000
SURROGATES (PG-13) (110 330 550) 810 1030
FAME (PG) (130 410) 650 930
THE INFORMANT (R) - ID REQ'D (120 400) 655 945
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1220 250 520) 755 1020
JENNIFER'S BODY (R) - ID REQ'D 635 PM 910 PM
LOVE HAPPENS (PG-13) (105 405) 715 955
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (1215 300) 615 905
9 (PG-13) (1235 255 510) 750 1010
INGLORIOUS BASTERDS (R) - ID REQ'D (1205 315) 625 935
G.I. JOE (PG-13) (1230 320) 610 900
HARRY POTTER: HALF BLOOD PRINCE (PG) (1205 PM 315 PM)

FOX STADIUM 16
22875 Crawford Plz Asburn, VA 703-957-1035

COUPLES RETREAT (PG-13) (1120 200 450) 730 1010
RW: THE INVENTION OF LYING (PG-13) (1200 230 530) 750 1025
ZOMBIELAND (R) - ID REQ'D (1130 1240 140 250 350 500) 600 710 810 920 1020
WHIP IT (PG-13) (110 400) 650 1000
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1100 AM 300 PM) 700 PM
SURROGATES (PG-13) (1250 320 530) 740 1015
FAME (PG) 715 PM
THE INFORMANT (R) - ID REQ'D (1220 315 545) 845
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (1230 240 510) 720 930
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (100 340) 620 900
INGLORIOUS BASTERDS (R) - ID REQ'D (120 PM 440 PM) 820 PM
JULIE & JULIA (PG-13) (1245 330) 630 940

FAIRFAX TOWNE CENTER 10
4110 W Ox Road 800-FANDANGO 670#

GOOD HAIR (PG-13) (1110 130 350) 720 950
INVENTION OF LYING (PG-13) (1105 140 440) 730 1000
CAPITALISM:A LOVE STORY (R) - ID REQ'D (110 410) 710 1005
ZOMBIELAND (R) - ID REQ'D (1120 100 150 315 420 530) 640 740 910 1010
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1100 AM 300 PM) 700 PM
PARANORMAL ACTIVITY (R) - ID REQ'D (1130 105 200 320 430 535) 650 750 920 1020
FAME (PG) (120 400) 705 940
LOVE HAPPENS (PG-13) (340 PM) 930 PM
9 (PG-13) (1115 AM 125 PM) 725 PM

MANASSAS STADIUM 14
11380 Bulloch Drive 800-FANDANGO 490#

COUPLES RETREAT (PG-13) (1200 100 230 345 500) 630 730 915 1000
WHIP IT (PG-13) (1245 330) 615 845
INVENTION OF LYING (PG-13) (115 350) 640 920
ZOMBIELAND (R) - ID REQ'D (1230 130 300 415) 600 715 810 945 1020
TOY STORY 3D - DOUBLE FEATURE (G) ★ (1210 PM 400 PM) 800 PM
SURROGATES (PG-13) (125 340) 610 830
FAME (PG) (200 515) 815 1045
THE INFORMANT (R) - ID REQ'D (110 410) 720 1030
CLOUDY WITH A CHANCE OF MEATBALLS (PG) (145 445) 700 930
LOVE HAPPENS (PG-13) (120 420) 745 1015
TYLER PERRY'S: I CAN DO BAD ALL BY MYSELF (PG-13) (245 530) 805 1040
9 (PG-13) (1215 215 430) 645 900

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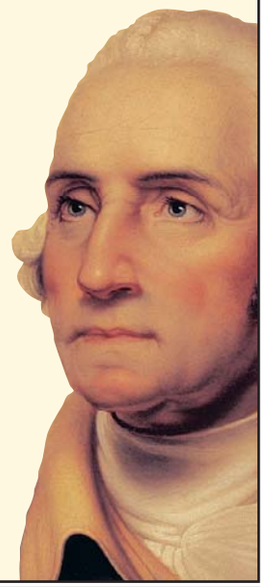

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lookout television

Play That 'Latin Music'

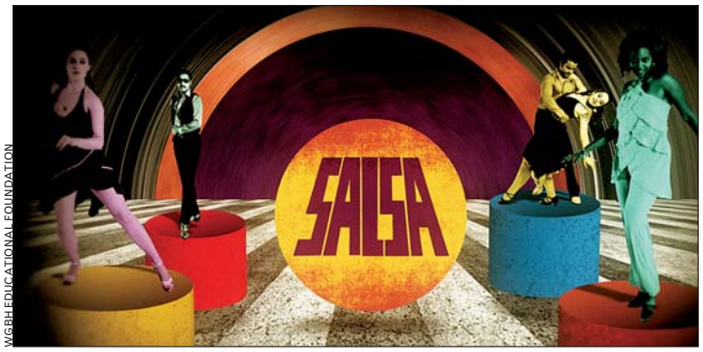
PBS invites us into a culture of colorful tunes and notes

BEATS | "Latin Music USA" (9 p.m., PBS) is tantalizing, entertaining and a little frustrating. With so much ground to cover, you can't help but feel that some musical giants are getting shortchanged. On the other hand, for viewers learning about Machito, Tito Puente, Willie Colon, Tejano music and reggaeton for the first time, "Latin Music" is a rhythmic revelation, a delicious sampler.

Part 1, "Bridges," covers the rise of Cuban sounds in the New York music scene and the hipster paradise of the Palladium Ballroom, where New Yorkers of every strata gaped at the fluid practitioners of the Mambo. After post-Bebop jazz became more cerebral and less commercial, Latin flavors kept a big-band sound in the top 40 as Eisenhower-era suburbanites embraced Perez Prado and his danceable Cha Cha music.

"The Salsa Revolution" (10 p.m.) chronicles the rise of a New York sound that conquered the world in the 1970s.

Next week's "Latin Music" shifts coasts and locations to cover "The Chicano Wave" and concludes with "Divas and Superstars," a look at pop superstars including Gloria Estefan tand Shakira. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)



WGBH EDUCATIONAL FOUNDATION

The '70s salsa relvolution is featured on tonight's portion of "Latin Music USA."

tonight's lineup

'YOU'LL NEVER SLEEP'
On **HEROES** (8 p.m., NBC), Lydia (guest star Dawn Olivieri) issues a warning to Samuel as he gets ready for new additions to his family.

DRAMA ON ALL FRONTS
Haley is pushed into the glaring spotlight of Nathan's scandal on **ONE TREE HILL** (8 p.m., CW). Meanwhile, Brooke lets Julian continue to work with Alex, whose motives Brooke is starting to question.

SINGLE PREGNANT FEMALE
Trying to keep their complicated relationship in perspective, Billie and Zack (Jenna Elfman, Jon Foster) of **ACCIDENTALLY ON PURPOSE** (8:30 p.m., CBS) agree to see other people, but — no real surprise here — Billie finds her pregnancy makes it difficult for her to make love connections.

RUSH TO THE ALTAR
On **GOSSIP GIRL** (9 p.m., CW), Rufus and Lily (Matthew Settle and Kelly Rutherford) move up their wedding date. Meanwhile, Chuck (Ed Westwick) uncovers a secret that Carter has been hiding from Serena.

CBS

On "Accidentally on Purpose," a pregnant Billie goes looking for love.

AWKWARD REUNION
Nancy and Rabbit (Anastasia Griffith and Cliff Curtis) are forced to work together for the first time more than a year when a man goes on a shooting rampage inside an office building on **TRAUMA** (9 p.m., NBC).

NOSY DOES IT
On **GREEK** (9 p.m., ABC Family), a baffled Casey (Spencer Grammer) goes on a personal mission to find out what is behind Cappie and Evan's (Scott Michael Foster and Jake McDorman) friendship, a quest that leads her into the Amphora lair.

THIRD WHEELS ABOUND
THE BIG BANG THEORY's (9:30 p.m., CBS) Leonard (Johnny Galecki) is right: When it comes to spending high-quality time with Penny (Kaley Cuoco), he just can't catch a break.

OR MOST-HATED PIRATE?
This week on **CSI:MIAMI** (10 p.m., CBS): When the city's most-hated man is murdered, Horatio (David Caruso) and his CSI team search for his killer and his hidden treasure. (TRIBUNE MEDIA)

CASTING **The New Doctor Is In** Kim Raver has joined the cast of "Grey's Anatomy." Raver will play a surgeon and will make her first appearance on the show in the ninth episode, which is expected to air Nov. 12. "Grey's" reunites Raver with creator-executive producer Shonda Rhimes. Last season, Raver starred on the ABC drama pilot "Inside the Box," which Rhimes produced. (THE HOLLYWOOD REPORTER)

B.I.O.

BY INVITATION ONLY: UPCOMING WEDDINGS & UNIONS

Curtis Dubay, Johanna Mausolf

Curtis, 29, is a tax policy analyst. Johanna, 26, is a program analyst. They live in D.C.

■ **The Main Event:** The couple will swap vows Oct. 17 on Capitol Hill, with more than 200 guests in attendance.

■ **How They Met:** At work. He was an economist at the Tax Foundation and she came to D.C. as a (graduate student) intern. "We are both nerds," Johanna says.

■ **First Date:** "Pretty casual," Curtis says: ice cream and trivia at Ireland's Four Fields in Cleveland Park.

■ **How He Proposed:** Johanna was organizing a big charity event, so Curtis wanted to wait until they were leaving for the gala and "say her dress was nice but it was missing something." But the timing didn't work out, "so I had her put on her dress the night before and I used the same line." She cried, then accepted.

■ **Most Hated Clothing Item:** Curtis' red, white and blue USA hoodie. "I'm pretty sure only tourists are allowed to wear that junk!"

■ **Family Traditions:** Curtis' dad, who married in 1972, wore a white tuxedo jacket with wide lapels and black pants. "Maybe I'll honor him by wearing something similar."

"His USA hoodie is pretty awful. Only tourists are allowed to wear that junk!"

That's Definitely Warm

SHANNON HALL was kind of mad when a random dude sat down at her table at a San Diego bar. "Who the heck does this guy think he is?" she thought. Then she struck up a chat with him, realized he knew her friend at the table and decided to give **MATT CLUTE** a chance. "Before you knew it, we were flirting and making out in the bar!" Shannon says. Matt's version: "She was a bit hostile at first, but after a little while she warmed up to me."

The couple moved across the country to Falls Church so Matt could take an internship at the Pentagon, and that's when Shannon knew the relationship was way more than a fling. "It was scary, but I knew it would be worth it."

Shannon, 26, is a financial analyst. Matt, 27, is a lieutenant in the Navy. They're tying the knot Oct. 23 in Frederick, Md. Harley, their French bulldog, will be the ring bearer.

Tamara Carter, Warren Duffie

Tamara, 27, is an administrative professional. Warren, 33, is a copywriter. They live in Silver Spring.

■ **The Main Event:** A semiformal event Oct. 17 at the Navy Yard. "We're both military brats. ... Navy Yard has several historic ships and a very nice waterfront setting."

■ **How They Met:** Warren posted an ad on Craigslist looking for friends. Tammy responded. "After a year," he says, "we became a couple, and it's been blissful ever since."

■ **First Date:** They watched "Team America: World Police." "I was waiting for him to show up, and I saw a guy walking in. I thought, 'He's cute, but too bad he isn't my date.' Turned out he was."

"Coming to her job and proposing would be a ... gesture that would cheer her up."

■ **How He Proposed:** He had planned to ask during a picnic, but when she was having a bad day at work, "I thought coming to her job and proposing would be a memorable gesture that would cheer her up." He popped the question in the hallway; when she went back into her office, she started crying.

■ **Stupidest Fight:** He left a doggie bag out on the counter. "Tammy claimed I ruined her food and gave me the cold shoulder for two days — all for a pile of pasta." "And yet Warren still leaves the milk out," Tammy says.

■ **When She Knew:** "Nine months after we met. After all that time, we still had a lot to talk about."

Keya Barnes, Tiffany Hammond

Keya, 24, left, is in food service. Tiffany, 28, is an assistant director. They live in Hyattsville.

■ **The Main Event:** The couple said "I do" Oct. 10 in Laurel, Md. Their semiformal ceremony was attended by 80 guests.

■ **How They Met:** Online, but after a month they met in person at a football game. "I was already there when she pulled up in her sister's old clunker," Keya says. "After the game, the car wouldn't start, so I had to run to a friend's house down a huge hill to get water to put in it to make it start."

■ **First Impressions:** Tiffany: "I thought she was too shy for me." Keya: "I thought she was beautiful. I was beyond excited."

■ **First Date:** They saw "Bones."

■ **How She Proposed:** Keya proposed at age 16. "I just got down on one knee and asked her to marry me out of the blue. I gave her a ring of mine at first. Bought her a real engagement ring later."

■ **Most Hated Clothing Item:** Tiffany's nightgown. "I wish she'd never bought it. It reads 'not tonight.'"

■ **Stupidest Fight:** When Keya woke up late for school and Tiffany wouldn't drive her there.

■ **Their Song:** "My First Love" by Avant and Keke Wyatt.

■ **Wedding Jitters:** Tiffany feared falling while walking down the aisle "because I don't normally wear heels." Keya was worried that "somebody will do something silly to make me mad. Or even more so, that she'll say 'I don't.'"

Getting Married? If you'd like to see your wedding or commitment ceremony in B.I.O., send your favorite informal photograph (wacky is fine, but please don't send a formal engagement shot), plus your names and ceremony date to weddings@readexpress.com. Please contact us at least one month before your wedding. We'll get back to you with questions.

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Poll Center

DO YOU THINK REPUBLICANS ARE REGAINING POLITICAL MOMENTUM?

RESULTS FROM FRIDAY'S QUESTION

NO 51%

YES 49%

"Yes, they are. They will continue to gain momentum as more and more people realize that the change we got was for the worse."

COMMENTER STR

"Just because the Democrats are infighting and backpedaling doesn't mean the Republicans are gaining momentum; they're completely out of touch with reality."

COMMENTER WAS BUF., NOW WAS.

"Yes — any idiot can govern by throwing money at problems. But when either party pushes the country into Depression-era debt levels, there's bound to be a backlash against them."

COMMENTER CHRIS

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"[IT WAS] a resourceful, gritty victory for the U.S., which should shut up the critics, including myself, for the foreseeable future."

MAJORLEAGUESOCCERTALK.COM THINKS THE U.S. NATIONAL SOCCER TEAM DESERVES MORE CREDIT AFTER CAPTURING ITS SIXTH-STRAIGHT WORLD CUP BID WITH A WIN AGAINST HONDURAS SATURDAY.

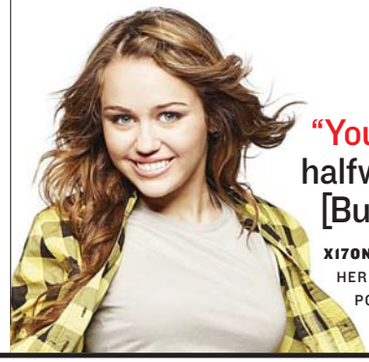
BISWARANJAN ROUT/AP

"THIS IS A TOTAL failure for a cloud service, especially one such as the Sidekick service, which doesn't store information permanently on the phone."

JKONTHERUN.COM IS NOT IMPRESSED WITH T-MOBILE AFTER THE CELLULAR PHONE SYSTEM'S SERVERS WENT DOWN, DELETING ALL PHONE DATA FOR SOME USERS.

"When I woke up and opened my e-mail box, I have to admit, I first thought it was some sort of Onion spoof."

CROOKSANDLIARS.COM COPS TO BEING SURPRISED BY OBAMA'S NOBEL PEACE PRIZE WIN BUT ADDED, "OBAMA DIDN'T WIN THIS NOBEL PEACE PRIZE. AMERICA DID."



"You know what? Not only is Miley's flow halfway decent, but it totally makes sense! [But] we're not giving up on her just yet."

X17ONLINE.COM FOUND MILEY CYRUS' YOUTUBE RAP ABOUT WHY SHE DELETED HER TWITTER ACCOUNT TO BE QUITE COMPELLING, BUT DOES NOT BELIEVE THE POP STAR WILL BE GONE FROM THE MICROBLOGGING WORLD FOREVER.

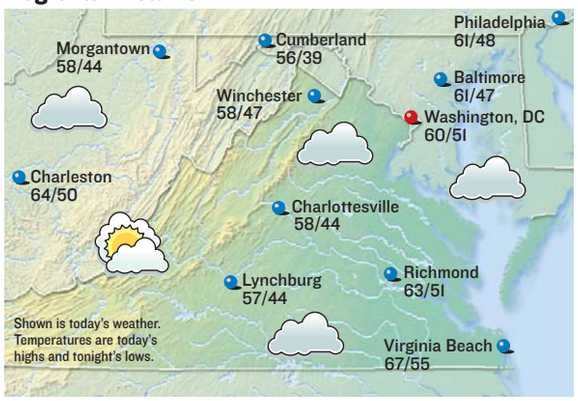
"CONGRATS, FOX. You steaming pile of [crap]. You got the game back on. I bet that would never happen during '[American] Idol.'"

@CHADDUKES, SPORTS TALK RADIO HOST AT 106.7 THE FAN, TWEETS ABOUT THE NETWORK AFTER PART OF THE FIRST HALF OF SUNDAY'S REDSKINS GAME WAS UNWATCHABLE DUE TO POOR RECEPTION.

5 Day Forecast for the Washington Area

Today	Tonight	Tuesday	Wednesday	Thursday	Friday
Mostly cloudy	A shower, cloudy	Mostly sunny	Partly sunny	Rain possible	Rain possible
60°	51°	70° / 47°	55° / 46°	55° / 50°	59° / 44°

Regional Weather



Forecasts and graphics provided by **AccuWeather, Inc.** ©2009

Almanac

Washington, D.C., through 4 p.m. Sun.

Temperature

High	67°
Low	49°
Normal high	70°
Normal low	51°
Average humidity	52%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.03"
Normal month to date	1.22"
Year to date	30.00"
Last year to date	40.00"
Normal year to date	31.27"

For up-to-the-minute weather, see:
washingtonpost.com/weather

Regional Forecast

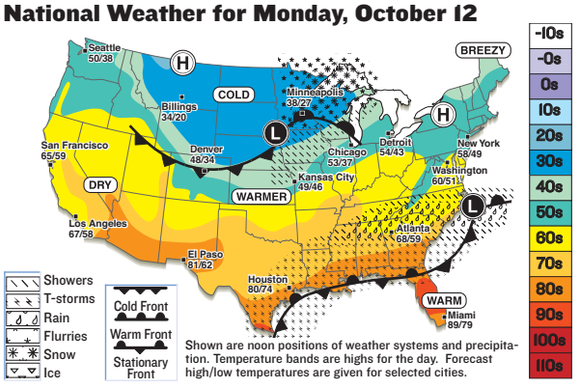
D.C. Metro: Today, mostly cloudy. High 60. Wind southeast 6-12 mph. Tonight, mostly cloudy, a shower. Low 51. Wind light, variable.

Sun and Moon

Sunrise today	7:15 a.m.
Sunset tonight	6:34 p.m.
Moonrise today	12:44 a.m.
Moonset today	3:21 p.m.

New	First	Full	Last
Oct 18	Oct 25	Nov 2	Nov 9

National Weather for Monday, October 12



Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day. Forecast high/low temperatures are given for selected cities.

National Cities

City	Today Hi/Lo/W	Tues. Hi/Lo/W
Atlanta	68/59/r	74/61/c
Boston	54/43/s	52/40/r
Chicago	53/37/c	54/42/pc
Dallas	70/67/r	73/72/t
Denver	48/34/pc	58/42/pc
Honolulu	85/72/pc	85/72/pc
Los Angeles	67/58/pc	69/61/r
Miami	89/79/s	90/79/s
New York City	58/49/pc	66/48/pc
Orlando	92/72/s	93/73/t
Seattle	50/38/pc	50/45/r

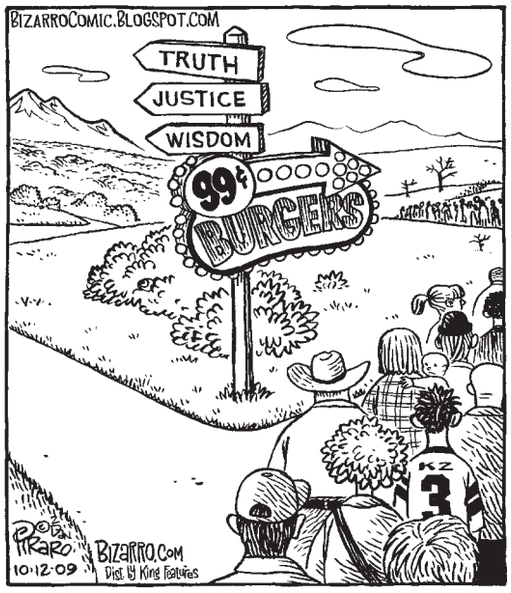
World Cities

City	Today Hi/Lo/W	Tues. Hi/Lo/W
Amsterdam	59/44/pc	57/48/c
Athens	81/62/sh	75/61/pc
Berlin	45/31/sh	42/25/sh
Buenos Aires	68/52/s	75/50/s
Calgary	24/6/sn	24/12/sn
Dublin	57/45/pc	61/46/pc
Geneva	54/36/r	56/38/pc
Moscow	48/42/r	43/30/sh
Rome	74/44/r	62/38/s
Sydney	77/61/pc	75/57/pc
Tokyo	72/61/pc	75/63/s

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

comics lookout

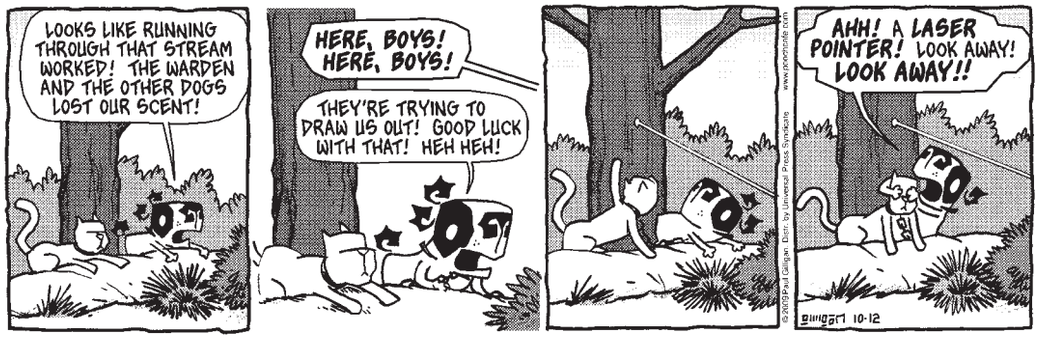
Bizarro | *Dan Piraro*



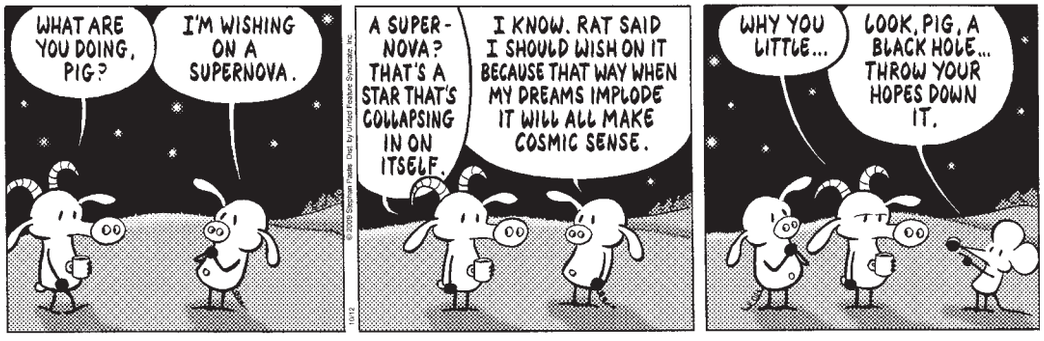
Cornered | *Mike Baldwin*

"I was doing a lot of good, but then the funding ran out."

Pooch Cafe | *Paul Gilligan*



Pearls Before Swine | *Stephan Pastis*



The Duplex | *Glenn McCoy*

Horoscope

By Stella Wilder

LIBRA (Sept. 23-Oct. 22) There's every reason to follow your instincts and do precisely what you feel you should do. The rules favor your efforts.

SCORPIO (Oct. 23-Nov. 21) Timing may not be everything, but it's surely an important part of what you're trying to pull off.

SAGITTARIUS (Nov. 22-Dec. 21) You have some good news to impart to many people who are waiting on you before making a few key decisions of their own.

CAPRICORN (Dec. 22-Jan. 19) You have more than one choice to make — and all will affect what you are doing tomorrow.

AQUARIUS (Jan. 20-Feb. 18) You may feel that things are not as harmonious on the home front as they could be. It is possible that someone is keeping something from you.

PISCES (Feb. 19-March 20) You have the chance to put the last piece of a very important puzzle squarely into place. Don't miss this key opportunity.

ARIES (March 21-April 19) Avoid repeating yourself. Today, you'll want your work to speak for you. After-hours entertainment offers an unexpected reward.

TAURUS (April 20-May 20) What happens behind the scenes is likely to be far more important — and far more dramatic — than what happens center stage.

GEMINI (May 21-June 20) The sooner you can tend to those sensitive issues the better. Do not expect anyone else to know what you are thinking.

CANCER (June 21-July 22) You run the risk of misinterpreting information if you aren't willing to engage in a little brush-up learning.

LEO (July 23-Aug. 22) A new project is off and running, and all signs point to a swift conclusion to a situation that might otherwise slow things down.

VIRGO (Aug. 23-Sept. 22) Accept responsibility for the things that are most affected by you. Now is no time to pass the buck.

Today in History

1492 Christopher Columbus makes his first landfall in the New World, in present-day Bahamas.

1933 Bank robber John Dillinger escapes from a jail in Allen County, Ohio, with the help of his gang.

1945 Allied Control Council in Germany orders dissolution of Nazi Party.

1973 President Richard Nixon nominates House Minority Leader Gerald R. Ford to succeed Spiro T. Agnew as vice president.

1977 Sweden agrees to cancel more than $200 million in debts owed by eight Third World nations.

2000 Seventeen sailors are killed in a suicide bomb attack on the U.S. destroyer Cole in Yemen.

AP

Investigators examine the damage the USS Cole sustained on Oct. 12, 2000.

2001 The United Nations and its secretary-general, Kofi Annan, win the Nobel Peace Prize.

2007 Ex-vice president Al Gore and the U.N.'s Intergovernmental Panel on Climate Change win the Nobel Peace Prize.

PostPoints DAILY CODE S I

lookout people

RICHARD DREW/AP

Things are bad when Kate shows the Chin Dimple of Resigned Martyrdom.

LEGALESE

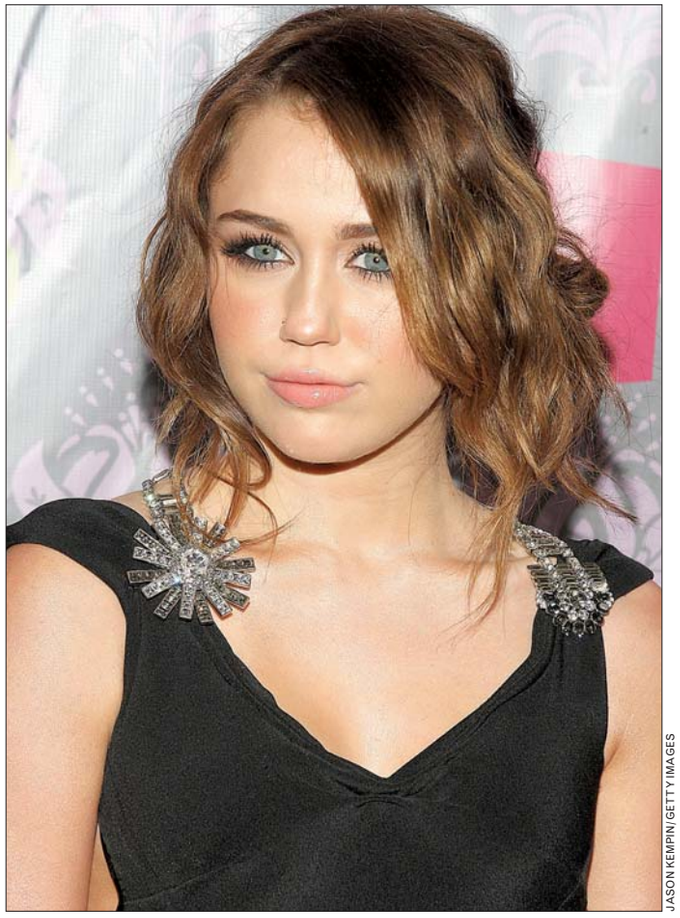
Translation: 'Jon Wants His Children to Sell Matches on The Cold Winter Streets'

KATE GOSSELIN has filed for child support and spousal support from estranged husband Jon, People.com reported, after his withdrawal of $230,000 from a joint account. "She needs relief in light of the draining of substantial marital assets," her lawyer said. (EXPRESS)

LOGIC

Without Gender-Typing, The Baby Might Be Ugly

KOURTNEY KARDASHIAN is having a boy, "E! News" reported. "A boy is definitely needed in this family," she said. The announcement couldn't have come sooner for sister Khloe Kardashian, who recently told USmagazine.com that she was tired of buying neutrals for the baby. (EXPRESS)



JASON KEMPIN/GETTY IMAGES

DON'T

Please, Rap Some More

After deleting her Twitter account last week, **MILEY CYRUS** has posted a YouTube video of herself rapping about her decision. "The reasons are simple, I started tweeting about pimples/I stopped living for moments and started living for people," she explained. "I want my private life private, I'm done trying to please/I ain't living for tabloids, no, I'm living for me." (EXPRESS)

EVIL

TLC Execs To Sip Sweet Liquor of Infant's Soul

Jon Gosselin at least chose to sell himself to TLC.

The next generation of Duggars has arrived. According to TLC, **MACKYNZIE RENEE DUGGAR** was born at 6:39 p.m. Thursday. Mackynzie is the first child of Josh and **ANNA DUGGAR** and the first grandchild for Jim Bob and Michelle Duggar, stars of TLC's "18 Kids and Counting." Mackynzie's birth comes as Michelle Duggar is pregnant with her 19th child. She is due in March. Josh, the eldest of the Duggar children, is 21. He and Anna married last fall. The network says Anna and Mackynzie are doing well. The baby weighed 8 pounds and was 19.5 inches long. (AP)

INFLUENCE

Alas, Sanitation Workers Not Core AMC Audience

JOHN SLATTERY of "Mad Men" is fighting plans to build a $346 million Sanitation Department facility in his Manhattan neighborhood. City officials say the new building will get trucks off the street into a garage and provide direct access to the West Side Highway. But Slattery says his neighbors are worried about pedestrian safety, with garbage trucks expected to add hundreds of visits to the area each day. (AP)

expressnightout

Find the latest celebrity news and photo evidence of stars' sordid lives at WWW.EXPRESSNIGHTOUT.COM.

ISAAC BREKKEN/AP

There is no other way for this to end than with an earnest documentary.

VINDICATION

We Knew They Were More Than Friends!

According to the New England Genealogical Society, **BEN AFFLECK** and **MATT DAMON** are also cousins — 10th cousins, once removed, that is. Society researchers dug up evidence that both Damon and Affleck are descendants of William Knowlton Jr.'s, a bricklayer who came to the United States from England in the 1630s and settled in Ipswich, Mass. (AP)

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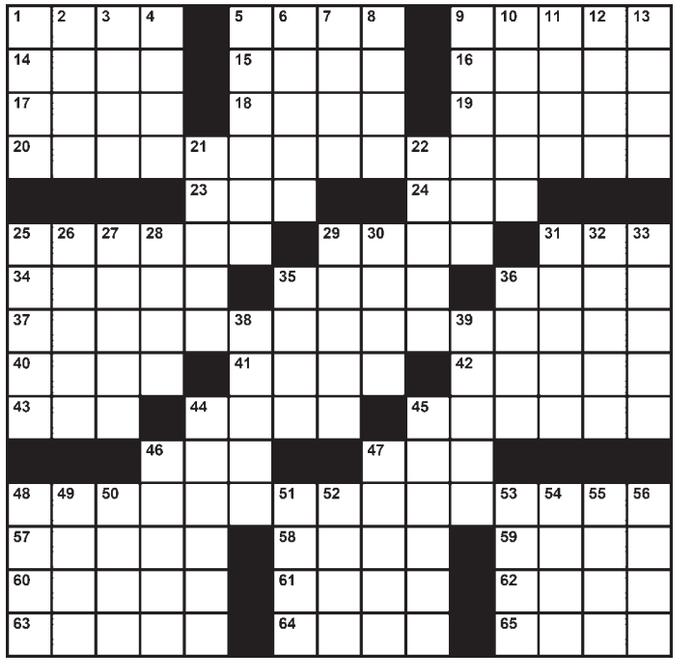
puzzles lookout

CROSSWORD | MILES TO GO

EDITED BY TIMOTHY E. PARKER



ACROSS
1 Joint for clothing
5 Spherical hammer part
9 Barbecue feature
14 The case of the seamstress?
15 Ancient alphabetic symbol
16 Retired general Powell
17 Bible book after the Gospels
18 Parts of joules
19 "Aida" premiere city
20 Set high goals
23 Is in possession of
24 Zebra's cousin
25 Tropical tree with a thick trunk
29 Barbershop quartet voice
31 Damage the surface
34 Skiing mecca
35 Multinational agreement
36 "Bet ya can't!" e.g.
37 "There is no ceiling!"
40 Frequently embroidered pronoun
41 "Ah, yes"
42 Apter for polar bears
43 Period in a historian's book
44 Team with a bridge in its logo
45 Hard and cold
46 Capitol Hill figure, briefly
47 Dijon water
48 Positive mantra
57 Carved entree
58 Awkward brute
59 Hardly ___ (rarely)
60 Model airplane material
61 "An American Tail" critters
62 Grape's place
63 Like many a negligee
64 Battle-minded deity
65 Swirl in the stream

DOWN
1 Beaufort and Bering
2 Create a permanent impression
3 Manual alternative, briefly
4 Japanese soup
5 Built ahead of time
6 100-cent coins
7 Tech school grad
8 Swift production?
9 Get to, as the Web
10 Goes here, there and everywhere
11 Dish with some of this and some of that
12 "The Tilled Field" painter Joan
13 Untraceable author, for short
21 "___ God!"
22 Possible cause of errors
25 One way to come clean
26 "My Name Is ___ Lev"
27 One of four in Wagner's Ring Cycle
28 Mrs. H.S.T.
29 Kathy of "Misery"
30 Have pains
31 Mrs. D.D.E.
32 Ursula's nemesis in "The Little Mermaid"
33 Attempt again
35 Subtle alert
36 Bones that are rolled
38 Knuckle under
39 Like Disneyland at night
44 Pestle's partner
45 Browns
46 No longer de rigueur
47 Draw out
48 Spheres
49 Captain for 40 days and nights
50 Cloth ridge
51 ___ mater
52 Certain type of film
53 "___ Only Just Begun"
54 All fired up
55 Split with violence
56 Squirrel's place

Friday's Solution

SUDOKU | EASY

© PUZZLES BY PAPPOCOM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su|do|ku?
Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

		1		4				9
			3		6		8	1
	2		5			7		
	9				4	8		
		3	2		1	4		
		2	8				3	
		6			2		7	
2	7		4		3			
1				8		6		

Friday's Solution

2	3	9	1	5	6	7	4	8
6	5	1	4	7	8	3	2	9
7	4	8	3	2	9	6	1	5
4	9	5	2	8	7	1	3	6
3	2	7	9	6	1	5	8	4
8	1	6	5	4	3	9	7	2
9	8	2	7	1	5	4	6	3
5	7	4	6	3	2	8	9	1
1	6	3	8	9	4	2	5	7

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PUBLISHED BY EXPRESS PUBLICATIONS LLC | 1150 15TH ST NW, WASHINGTON, DC 20071 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY
TEL: 202-334-6800 | FAX: 202-334-9777 | CIRCULATION: 202-334-6992 | ADVERTISING: 202-334-6732 OR ADS@READEXPRESS.COM | CLASSIFIEDS: 202-334-6200
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